



# ATTFE College Courses

## June 2026 Onwards

Course Title	Description	Venue	Dates & Times	Course Code
Essential Digital Skills (Level 1)	This course supports learners with the skills and knowledge to effectively use digital skills for a range of environments and workplaces.	Adult Learning, Sutton Community Academy, Sutton-in-Ashfield, NG17 1BW	Tuesdays, 9.30am – 2.30pm Starting 2nd June - 14th July 2026	25ASF115
Watercolour Painting and Wellbeing	This relaxing Water Colour Painting course is a great way to support wellbeing while developing creative skills. Suitable for all abilities, learners will explore watercolour techniques, build confidence, and enjoy the benefits of creative expression.  Alongside the practical activities, learners will also complete a Level 1 Award in Stress Awareness, learning about stress, its impact, and ways to manage and prevent it — including through creativity.	Adult Learning, Sutton Community Academy, Sutton-in-Ashfield, NG17 1BW	Tuesdays, 10am - 2pm Starting 9th June until 30th June 2026	25ASF310
Cooking & Healthy Eating	A practical and hands on cooking course supporting learners to learn more about eating a healthy balanced diet whilst learning how to cook new recipes.  Learners will complete a Level 1 Award in Understanding Nutrition and Health, through the completion of written workbook activities.	Shine Café, 10 King Street, Sutton-in-Ashfield, NG17 1AT	Fridays, 9.30am - 3pm Starting 5th June until 19th June 2026 (3 weeks)	25ASF300

\*Please contact us for eligibility criteria. Suitable for learners aged 19+. Places will be limited, and should be booked in advance. For more details or to sign up, please contact 01623 441310 or email [college.info@attrust.org.uk](mailto:college.info@attrust.org.uk). **Please quote course codes when signing up.**



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Cooking & Healthy Eating	<p>A practical and hands on cooking course supporting learners to learn more about eating a healthy balanced diet whilst learning how to cook new recipes.</p> <p>Learners will complete a Level 1 Award in Understanding Nutrition and Health, through the completion of written workbook activities.</p>	Shine Café, 10 King Street, Sutton-in-Ashfield, NG17 1AT	<p>Fridays, 9.30am - 3pm</p> <p>Starting 26th June until 9th July 2026 (3 weeks)</p>	25ASF301
English for Speakers of Other Languages (ESOL)	<p>This course is the perfect starting point for anyone whose first language is not English and who wants to improve their speaking, listening, reading, and writing skills.</p> <p>Designed for adults aged 19+, it offers a supportive environment to build confidence in everyday communication and lay the foundations for further learning.</p>	Adult Learning, Sutton Community Academy, Sutton-in-Ashfield, NG17 1BW	<p>Fridays, 10am - 2pm</p> <p>Starting 7th August 2026 until 25th September 2026</p>	26TL001
Gardening Skills	<p>This Gardening Skills course provides learners with the knowledge, understanding and practical skills needed to develop confidence in garden design and horticulture.</p> <p>The course is ideal for those looking to develop new skills, explore a career in gardening, or pursue higher-level qualifications in the future.</p>	Rumbles Café, Sutton Lawn, Sutton-in-Ashfield, NG1 5FU	<p>Thursdays, 10am - 12pm</p> <p>Starting 25th June until 1st October 2026</p>	2526ASF009

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Creative Crafts - Rag Rug Making	<p>This fun and creative course will introduce learners to Rag Rug weaving, a craft that involves weaving fabrics to create rugs and other items, and it also provides a great way to repurpose old fabrics.</p> <p>Learners will also explore the positive impact of creativity in reducing or preventing stress by completing a Level 1 Award in Stress Awareness as part of the weekly sessions.</p>	Newstead Centre, Newstead Village, NG15 0BS	<p>Wednesday, 5.30pm - 8.30pm</p> <p>Starting 10th June until 15th July 2026</p>	25ASF327
Fast Track - Level 2 Counselling Skills	<p>This course aims to introduce learners into the use of counselling skills in their everyday life of work.</p> <p>The course is classroom based and is for learners who are keen to undertake counselling in more detail and is designed to give learners the underpinning knowledge, practical skills and competencies to use counselling skills ethically and safely in different contexts and roles.</p>	Portland Pathways, Sutton-in-Ashfield, NG17 4AX	<p>Mondays, 9.30am - 2.30pm</p> <p>Starting 7th September 2026 until 22nd February 2027</p>	26ASF003

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Level 3 Certificate in Applied Counselling Studies	<p>This qualification is designed for learners who have already achieved a recognised counselling skills qualification and are ready to take the next step towards becoming a professional counsellor.</p> <p>The course will deepen your understanding of counselling theory, ethics and mental health, while helping you develop the practical skills, self-awareness and professional knowledge needed for counselling practice.</p> <p>It also provides valuable preparation for working as a counsellor within an agency setting and supports progression towards professional counselling practice.</p> <p>Please contact us to enquire regarding funding options.</p>	Portland Pathways, Sutton-in-Ashfield, NG17 4AX	<p>Mondays, 9.30am - 2.30pm</p> <p>Starting 14th September 2026 until 7th June 2027</p>	26ASF005

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# ATTFE College Courses

## June 2026 Onwards

Course Title	Description	Venue	Dates & Times	Course Code
Level 4 Diploma in Therapeutic Counselling	<p>This two year part-time qualification gives learners the knowledge, skills and competencies to work as a therapeutic counsellor in an agency context in both health care and non-medical settings.</p> <p>Successful completion of this course means you will be able to provide a therapeutic counselling service.</p> <p>This course may be partially funded or fully funded. Please check you eligibility for our Advanced Learner Loans.</p>	Portland Pathways, Sutton-in-Ashfield, NG17 4AX	<p>Fridays, 9.30am - 2.30pm</p> <p>Starting 11th September 2026 until 21st July 2028</p>	26ASF006
Level 4 Diploma in Therapeutic Counselling	<p>This two year part-time qualification gives learners the knowledge, skills and competencies to work as a therapeutic counsellor in an agency context in both health care and non-medical settings.</p> <p>Successful completion of this course means you will be able to provide a therapeutic counselling service.</p> <p>This course may be partially funded or fully funded. Please check you eligibility for our Advanced Learner Loans.</p>	Portland Pathways, Sutton-in-Ashfield, NG17 4AX	<p>Wednesday, 9.30am - 2.30pm</p> <p>Starting 9th September 2026 until 19th July 2028</p>	26ASF007

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## June 2026 Onwards

Course Title	Description	Venue	Dates & Times	Course Code
Level 4 Diploma in Therapeutic Counselling	<p>This two year part-time qualification gives learners the knowledge, skills and competencies to work as a therapeutic counsellor in an agency context in both health care and non-medical settings.</p> <p>Successful completion of this course means you will be able to provide a therapeutic counselling service.</p> <p>This course may be partially funded or fully funded. Please check you eligibility for our Advanced Learner Loans.</p>	Portland Pathways, Sutton-in-Ashfield, NG17 4AX	<p>Tuesdays, 9.30am - 2.30pm</p> <p>Starting 5th January 2027 until TBC</p>	26ASF008
Level 2 Certificate in Mental Health in Early Years	<p>This qualification is designed for learners who wish to understand mental health in young children in the early years (from birth to 5 years old) and the role of the Early Years Practitioner to support children's mental health and wellbeing.</p> <p>By completing the qualification, learners will develop knowledge which would support progression to further qualifications and into relevant employment in the health and social care or education sectors.</p>	Adult Learning, Sutton Community Academy, Sutton-in-Ashfield, NG17 1BW	<p>Fridays, 9am - 12pm</p> <p>Starting 10th July until 21st August 2026</p>	2526ASF007

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Level 2 Certificate in Understanding Autism	<p>Gain essential knowledge and practical skills to better support individuals with autism in education, care, and everyday life.</p> <p>What you will learn:</p> <ul style="list-style-type: none"> <li>• Understanding autism spectrum conditions</li> <li>• Communication and social interaction</li> <li>• Sensory processing and behaviour</li> <li>• How to effectively support individuals with autism</li> </ul>	<p>Adult Learning, Sutton Community Academy, Sutton-in-Ashfield, NG17 1BW</p>	<p>Fridays, 1pm - 4pm</p> <p>Starting 10th July until 4th September 2026</p>	2526ASF008

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