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ATTFE College - Learner Newsletter

Issue 19: Friday, 22nd May 2026

Liz Barrett OBE DL

Principal



Dear Learner,

We are about to glide into the final half term of 25/26. Each year, it feels as though time speeds by so quickly, which really makes you recognise and appreciate its value. Each day is precious. Lifelong learning offers us all the opportunity to improve the quality of our lives, to upskill, to gain new and deeper knowledge and skills, and to

learn things which will stay with us for life.

Yesterday, ATTFE College hosted a 'Celebrating Education' event with key educationalists from across Nottinghamshire in attendance. The event was supported by ATTFE College staff, learners, and volunteers.

At the heart of the event was cake! The cakes were beautifully made by ATTFE College learners and volunteers. Some of the learners and volunteers had never baked before joining ATTFE College. Their cake baking would now be worthy of any high-end restaurant in London, which is quite an achievement and beautifully demonstrates the impact of lifelong learning.

ATTFE College is currently co-creating its curriculum strategy for the 2026/27 academic year. If there are any courses or skills that you would like us to explore and offer, please do reach out to Dianne Holmes at to share your thoughts.

I hope that those of you who are on half term next week have an enjoyable and restful break.

Best wishes,
Liz Barrett OBE DL
Principal, ATTFE College

Simon Martin MBE

Designated Safeguarding Lead

Hello Everybody,



Hopefully, everyone is looking forward to the May half-term holiday, but we also want everyone to stay safe and remain vigilant regarding their own security.

Please be aware that the UK terror threat level has recently been raised from **SUBSTANTIAL** to **SEVERE**, meaning that an attack somewhere in the UK is considered highly likely. This follows the recent knife attack in Golders Green and indicates that

further terrorist-related attacks are considered likely.

A reminder of the threat levels and other relevant information from [GOV.UK](https://www.gov.uk) is outlined below:

There are five categories at which the threat levels can be set:

- **LOW** – an attack is highly unlikely
- **MODERATE** – an attack is possible, but not likely
- **SUBSTANTIAL** – an attack is likely
- **SEVERE** – an attack is highly likely
- **CRITICAL** – an attack is highly likely in the near future

Members of the public should always remain alert to the danger of terrorism and report any suspicious activity to the police on 999 or the anti-terrorist hotline: 0800 789 321. If your information does not relate to an imminent threat, you can also contact MI5.

Please also take a look at the **RUN, HIDE, TELL** short video below. It is an excellent resource that provides an easy-to-understand plan for responding to a terror attack.

[RUN HIDE TELL | ProtectUK](#)

We would also recommend downloading the CitizenAID app to your phone (free of charge), which contains a wealth of information on how to respond and protect yourself and others in a variety of emergency situations.

[CitizenAID app information](#)

Many thanks,

Simon Martin
DSL

Upcoming Events



#WellbeingWednesday

Resources on our Website

We compiled a bunch of wellbeing resources on our ATTFE College website. From exercise videos, wellbeing materials, and information regarding our Mental Health First Aiders, you can find them there!

To go to our Wellbeing Page you can click, here: [Wellbeing - ATTFE College Webpage](#)

Resources on our YouTube Channel

On our YouTube channel, we host multiple wellbeing resources such as Tai Chi, beginners exercise, yoga videos and many more!

You can go to our YouTube channel, here: [ATTFE College - YouTube Channel](#)

Make sure to subscribe so you don't miss anything, and feel free to share with your friends and family!

Academy Transformation Trust Further Education

Self-Care Jar

- 1 Get an empty jar
- 2 Write down your favorite self-care ideas on strips of paper.
- 3 Whenever you're feeling down, stressed out, or drained - pull out a strip of paper and then do that activity.

#InThisTogether

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