



## Case Study Report Form

Course Title: Various Catering Courses

Tutor: Jane Johnson

Date: 24-11-24

### What were your reasons for joining the course?

To meet more people and help my mental health. Also to expand my knowledge in catering skills.

### What skills and knowledge have you gained from the course?

I have gained a lot of knowledge about catering including the hygiene side, and various different cooking methods.

### Have you received any additional support whilst attending your course?

Yes, I have received one to one talk when I have had a bad day with my mental health.

### What have your achievements been?

I have passed my Level 2 health + hygiene as well as gaining more confidence with people and my cooking.

### How do you intend to apply your learning to everyday life?

I have already got a part time (volunteer job) in a kitchen in my local pub.

### Have you told your friends/relatives about your learning? Are they proud of your achievements?

Yes, my sisters + friends are always complimenting my cooking, because I take things to my local pub where I volunteer and share my things what I've cooked.

### What do you feel the impact of your learning is upon your life?

Definitely helped me gain confidence in cooking and in my life.

