



## Case Study:

# Building Confidence Through Creativity: Learner A's Journey at Hollies

Tutor: Kay Hill

Learner A enrolled in the Creative Craft course at Hollies, led by tutor Kay Hill, with the goal of building their confidence. Throughout the course, Learner A gained valuable skills, particularly in communication, as they learned how to express themselves more effectively—especially with the tutor.

One of the highlights of the course for Learner A was learning to create Christmas tree decorations using salt dough, an activity they found both fun and rewarding. They also appreciated the additional support provided by Kay, including one-to-one sessions that made them feel truly valued and supported.

Beyond improving their crafting abilities, Learner A discovered new confidence in working as part of a team. The collaborative environment allowed them to enjoy lighthearted moments, share laughs, and form connections with others. This newfound confidence extended beyond the classroom, as they began applying their skills to create other craft items and felt more comfortable engaging in social activities like games and conversations with others.

Learner A shared their progress with their family and expressed excitement about continuing their learning journey. They plan to take additional courses and explore cooking as a way to develop greater independence.

Reflecting on their experience, Learner A stated they would highly recommend ATTFE College to friends and family. They appreciated having something different to look forward to each week, meeting new people, and gaining essential social skills. For Learner A, the course was more than just a creative outlet—it was a step toward greater self-confidence and personal growth.

