



[Website](#) [Facebook](#) [Instagram](#) [LinkedIn](#)



ATTFE College - Fun Together Newsletter

Issue 12: Friday, 17th October 2025



Our Fun Together programme is delivered by ATTFE College providing **FREE**, FUN and local activities for families in the North Nottinghamshire area.

Our events and activities are designed to support families to bond and create

special memories together, on your doorstep without breaking the bank!

Activities vary and are aimed at families with children aged 0-11 years. Whether you want to cook together, be creative together or get active in the outdoors together we hope to have something for everyone!

In this October edition, you will find information about:

- Autumn Recipes & Crafts
- Upcoming Family Activities
- Upcoming ATTFE College Courses
- Food Pantry Information
- Wellbeing Materials

Autumn Recipe

Monster Cookies

Prepare: 30 mins to 1 hour

Cook: 10 to 30 mins

Serve: Makes 15 cookies



Ingredients:

- 85g/3oz unsalted butter, softened
- 150g/5½oz caster sugar
- 1 free-range egg, beaten
- 1 tsp vanilla extract
- 175g/6oz self-raising flour
- ¼ tsp salt
- orange, green and purple gel food colourings

To decorate:

- handful crisp-coated chocolates, such as Smarties
- handful white chocolate chunks
- coloured writing icing

Method

1. Beat the butter and sugar together until fluffy, then beat in the egg and vanilla. Sift in the flour and salt and beat until combined.

2. Divide the mixture into three portions and colour one orange, one green and one purple. Place in the fridge for 30 minutes to firm up.
3. Preheat the oven to 180C/160C Fan/Gas 4 and line two baking sheets with baking paper.
4. With damp hands, roll each portion of coloured dough into five balls and place on the lined baking sheets. Using your hand, slightly flatten each ball. Press in crisp-coated chocolates for eyes and white chocolate chunks for teeth. Bake for 10 minutes.
5. Remove from the oven and leave on the baking tray for 5–10 minutes, then transfer to a wire rack to cool completely.
6. Once cool, use the writing icing to create pupils and eyelashes on the monsters' eyes.

Autumn Craft



Halloween Milk Bottle Lanterns

These milk bottle lanterns are a fantastic way to decorate your home in time for Halloween! Made with empty plastic milk bottles, they're quick to make, super thrifty and will make the outside of your home all the more inviting for any little monsters who may like to pay a visit!

Using a few basic crafting supplies, this quick and easy guide will show you three different spooky Halloween designs that are fun to make and enjoy with your little ones!

You Will Need

- Milk Bottles
- Paint Brushes
- Rice
- A Craft Knife/Scissors
- LED Tea Light/Glow Sticks/LED Fairy Lights

Pumpkin Lantern

- Orange Paint
- Black Permanent Marker

Witch Lantern

- Green Paint
- Black Permanent Marker
- Googly Eyes
- Black Card
- Black Crepe Paper

Spider Lantern

- White Tac
- Faux Cobwebs and Spiders
- PVA Glue

Bat Lantern

- PVA Glue
- Template - Printed + Cut Out

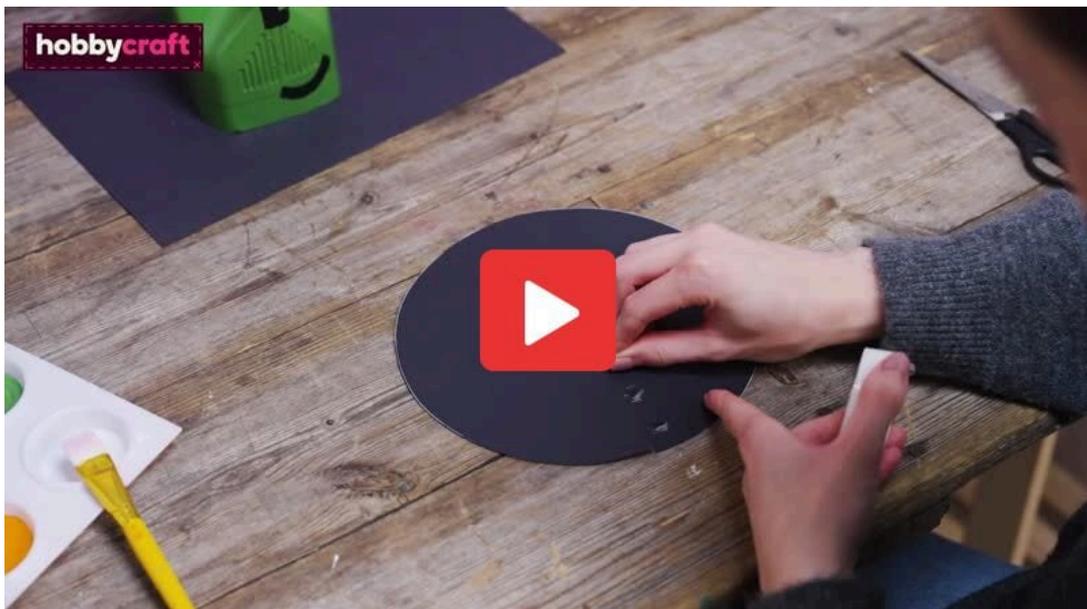
Frankenstein Lantern

- Green Paint
- Black Permanent Marker

Ghost Lantern

- Black Permanent Marker

How to Make



Source: [How to Make Halloween Milk Bottle Lanterns | Hobbycraft](#)

Upcoming Family Activities

ATTFE College October Half-Term FREE Family Activities



Fun Together October Half-Term Activities

Pumpkin Carving & Halloween Crafts

Course code: 25TL066

Venue:

Date & Time:
Monday, 20th October 2025
10am - 1pm

ATTFE in the Community Venue
9 - 11 Low Street, Sutton-in-Ashfield
NG17 1DH

SEND Pumpkin Carving & Halloween Crafts

Course code: 25TL067

Venue:

Date & Time:
Monday, 20th October 2025
2pm - 5pm

ATTFE in the Community Venue
9 - 11 Low Street, Sutton-in-Ashfield
NG17 1DH

Pumpkin Carving & Halloween Crafts

Course code: 25TL068

Venue:

Date & Time:
Thursday, 23rd October 2025
10am - 1pm

ATTFE in the Community Venue
9 - 11 Low Street, Sutton-in-Ashfield
NG17 1DH

Harry Potter Workshop

Harry Potter-themed storytime, crafts, potion-making activities.

Course code: 25TL069

Venue:

Date & Time:
Saturday, 25th October 2025
10am - 2pm

ATTFE in the Community Venue
9 - 11 Low Street, Sutton-in-Ashfield
NG17 1DH

All activities suitable for families with children aged 7+ years, but younger siblings welcome to attend. All children must attend with a responsible adult aged 19+ years and be supervised throughout. Spaces will be limited and must be booked in advance.

To book, please email college.info@attrust.org.uk or call **01623 441310**.

*Free depending on eligibility. Please contact us to enquire further.



Little Witches Workshop

Storytime, crafts, and potion-making activities inspired by *Julia Donaldsons Room on the Broom*.

Course code: 25TL070

Date & Time:

Friday, 31st October 2025
1pm - 3pm

Venue:

ATTFE in the Community Venue
9 - 11 Low Street, Sutton-in-Ashfield
NG17 1DH

Halloween Treat Making & Crafts

Make and decorate Halloween-themed sweet treats and festive decorations to take home!

Date & Time:

#1 Monday, 20th October 2025
10am - 2pm
Course code: 25TL045

#2 Wednesday, 22nd October 2025
10am - 2pm
Course code: 25TL046

#3 Monday, 27th October 2025
10am - 2pm
Course code: 25TL048

#4 Wednesday, 29th October 2025
10am - 2pm
Course code: 25TL049

#5 Wednesday, 29th October 2025
5pm - 8pm
Course code: 25TL050

Venue:

ATTIC Kitchen,
Sutton Community Academy
Sutton-in-Ashfield, NG17 1BW

Cupcake and Biscuit Decorating

A fun-filled session where you will decorate your own cupcake and biscuits!

Course code: 25TL047

Date & Time:

Saturday, 25th October 2025
9.30am - 11.30am

Venue:

ATTIC Kitchen,
Sutton Community Academy
Sutton-in-Ashfield, NG17 1BW

All activities suitable for families with children aged 7+ years, but younger siblings welcome to attend. All children must attend with a responsible adult aged 19+ years and be supervised throughout. Spaces will be limited and must be booked in advance.

To book, please email college.info@atrust.org.uk or call **01623 441310**.

*Free depending on eligibility. Please contact us to enquire further.

2



Holiday Activities and Food Programme

ATTFE College is once again an approved provider for this year's Holiday Activities and Food (HAF)

Programme! See below for upcoming dates for October Half-Term activities, and get ready for some fun:

Academy Transformation Trust Further Education #InThisTogether

Holiday activities and food

Autumn

Nottinghamshire

Get involved in fun activities this school holiday!

Plus so much more

Funded by
Nottinghamshire County Council
Department for Education

ATTFE College is offering FREE* fun-filled Spring activities for HAF eligible children aged 5-16.
FREE breakfast & lunch included!

| | |
|---|----------------------------|
| Available dates: Tuesday, 21 October 2025 Wednesday, 22 October 2025 Tuesday, 28 October 2025 Wednesday, 29 October 2025 | Time: 10am - 2pm |
|---|----------------------------|

Venue:
ATTFE College,
Sutton Community Academy,
Sutton-in-Ashfield
NG17 1BN

A range of different fun activities will take place during these sessions, from creative crafts to sports activities!

To book, please scan the QR Code to book online via Eequ.org. Please note, you will need to book your children via this platform as we do not accept walk ins.



Book Your Spot

#InThisTogether2025

Stop the Bleed Training

#InThisTogether2025 is a community-led campaign designed to empower individuals across Nottinghamshire with life-saving knowledge and practical skills to respond confidently in emergency situations.

The campaign is centred on two critical emergency response frameworks: **CitizenAID** and **Stop the Bleed**. These resources equip individuals with essential knowledge and techniques to manage life-threatening situations before professional help arrives.

Please fill in the online form below to express your interest for your organisation or community group to receive this **FREE** training:

[Register Here](#)



Join our #INTHISTOGETHER2025 Campaign

#InThisTogether2025 is a community-led campaign designed to empower individuals across Nottinghamshire with life-saving knowledge and practical skills to respond confidently in emergency situations.

The campaign is centred on two critical emergency response frameworks: **CitizenAID** and **Stop the Bleed**. These resources equip individuals with essential knowledge and techniques to manage life-threatening situations before professional help arrives.

Please fill in the online form below to express your interest for your organisation or community group to receive this **FREE** training:

Online Form:



<https://forms.office.com/e/7X70n0r63P>

Let's strengthen our local communities
by raising awareness and fostering a
culture of preparedness!



For enquiries, please email:
Max.Green-Wright@attrust.org.uk



Websites:
www.attfe.org.uk
www.citizenaid.org
www.cpted-uk.eu



Upcoming Shows at Cornerstone Theatre!

We have multiple exciting shows lined up at the Cornerstone Theatre, and we can't wait for you to join the fun!

You can check out our live and upcoming shows on **TicketSource** by clicking the button, below:

CORNER STONE

TicketSource

CORNER STONE



BARBARA DICKSON

Cornerstone Theatre at
Sutton Community Academy
Sutton-in-Ashfield
NG17 1BW

25 APR
2026
7:30PM

Get your tickets on TicketSource:
www.ticketsource.co.uk/booking/t-rpekrkr



Cornerstone Theatre @CornerstoneTheatre_SCA SCA-Cornerstone@atrust.org.uk

CORNER STONE



15 FEB
2026
2:00PM

Cornerstone Theatre at
Sutton Community Academy
Sutton-in-Ashfield
NG17 1BW

THE BUBBLE SHOW 2
More Bubbles!
*A magical journey through the
Legends of Bubbleland*



Get your tickets on TicketSource:
www.ticketsource.co.uk/booking/t-krvkxkq



Suitable from age 2+
Duration: 60 minutes - no intervals

Cornerstone Theatre @CornerstoneTheatre_SCA SCA-Cornerstone@atrust.org.uk

CORNER STONE

COMEDY CLUB

13 FEB
2026
8PM

Cornerstone Theatre at
Sutton Community Academy
Sutton-in-Ashfield
NG17 1BW



Dave Twentyman
Headline Act



Tal Davies
Opening Act



Jules O'Brian
Middle Act



Chris Brooker
Comper

Get your tickets on TicketSource:
www.ticketsource.co.uk/booking/t-ajrlqld



Cornerstone Theatre @CornerstoneTheatre_SCA SCA-Cornerstone@atrust.org.uk

CORNER STONE



DIRE STREETS

21 FEB
2026
7:30PM

Cornerstone Theatre at
Sutton Community Academy
Sutton-in-Ashfield
NG17 1BW



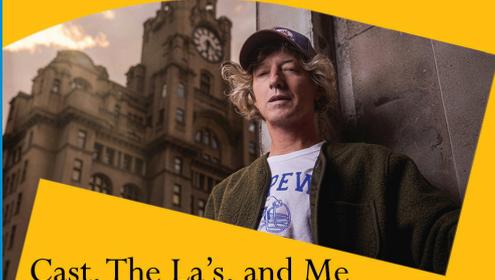
Get your tickets on TicketSource:
www.ticketsource.co.uk/booking/t-lnyqmmo



Cornerstone Theatre @CornerstoneTheatre_SCA SCA-Cornerstone@atrust.org.uk

CORNER
STONE

JOHN POWER



Cast, The La's, and Me

An Intimate Evening With Singer/Songwriter
John Power



Cornerstone Theatre at
Sutton Community Academy
Sutton-in-Ashfield, NG17 1BW

Get your tickets on TicketSource:
www.ticketsource.co.uk/booking/1-avjrdde

14 MAR
2026
7:30PM



Cornerstone Theatre



@CornerstoneTheatre_SCA



SCA-Cornerstone@attrust.org.uk

CORNER
STONE

Where is Mrs. Christie?

The Mystery of Agatha Christie's Eleven Lost Days
Starring Liz Grand

7 FEB
2026
2:30PM



Cornerstone Theatre at
Sutton Community Academy
Sutton-in-Ashfield
NG17 1BW



Get your tickets on TicketSource:
www.ticketsource.co.uk/booking/1-ojnenro



SCA-Cornerstone@attrust.org.uk



Cornerstone Theatre

@CornerstoneTheatre_SCA

FREE Legal Advice Session from Nottingham Law School

Need legal advice? Nottingham Law School of Nottingham Trent University is offering FREE legal advice sessions for Mansfield & Ashfield residents!

- Where: ATTFE College's Community Hub, Idlewells Shopping Centre
- When: Wednesday, 19th November 2025
- Time: 11am – 3pm

To book your spot, simply complete this online form, below:

[Online Form](#)

or email nlslegal@ntu.ac.uk with a brief description of your matter and include "Mansfield & Ashfield Outreach Session" in the subject line.

Spaces are limited, so book early!

Free Legal Advice session for Mansfield & Ashfield residents - NLS Legal

NLS Legal is Nottingham Law School's multi award winning fully regulated teaching law firm, that provides free legal advice on a wide range of service areas to those who cannot afford or otherwise access legal advice.

Book a slot to attend a free confidential legal advice session with our student volunteers, who will be assisted and supervised by our experienced lawyers.

This will be an information gathering interview and we will provide written legal advice following the meeting (usually within three weeks).

If we are unable to provide you with advice on your matter for any reason, for example, the matter falls outside the scope of our service, we will signpost you to other organisations that might be able to assist wherever possible.

Areas covered

We can provide advice in relation to:

- Family
- Employment
- Consumer and contractual disputes
- Housing
- Welfare benefits

Mansfield and Ashfield legal advice session

Date: Wednesday 19 November 2025

Time: 11am - 3 pm

Venue: ATTFE Community Hub, Idlewells Shopping Centre, Market St, Sutton-in-Ashfield NG17 1BP

[View on Google Maps](#)

For more information about NLS Legal, please visit our website: www.ntu.ac.uk/nlslegal

Book an appointment

To book an appointment, please complete [this form](#) or email nlslegal@ntu.ac.uk with a brief description of your matter, mentioning in the subject "Mansfield & Ashfield Outreach Session". You can also ring us on the following number: 0115 848 4262. Please provide your name and contact details, and state that you are ringing in relation to the Mansfield & Ashfield Outreach Session. We will get back to you to confirm if you have been allocated a slot. Slots will be allocated on a first-come, first-served basis.

NLS Legal Limited trading as NLS Legal is an exempt charity and a limited liability company registered in England and Wales. Registration Number: 9235463. Registered Office: Nottingham Trent University, 50 Shakespeare Street, Nottingham, NG1 4FQ. Authorised and regulated by the Solicitors Regulation Authority (no. 620872). Our privacy notice as to how we store data can be found at the following link: [NLS Legal privacy notice](#)

Visit ntu.ac.uk/nlslegal for more information.

Recycle Your Ink Cartridges with Honest Inks

Help Us Raise Funds – One Cartridge at a Time! We've partnered with Honest-Inks Cash 4 Cause to save empty printer cartridges from landfill. Every cartridge can raise up to £5 for Support to Shine CIC!

Your contributions will help create positive community campaigns and make a real difference.

Drop-off box locations:

- School Main Reception, Sutton Community Academy, Sutton-in-Ashfield
- ATTFE Community Hub, Idlewells Shopping Centre, Sutton-in-Ashfield
- Adult Learning Venue, Dukeries Academy, Ollerton

Let's turn your empty cartridges into community impact!



PRINTHEADS

← Like these
Can raise up to £5 for

SUPPORT TO SHINE CIC

TAKE YOURS TO:

Sutton Community Academy, Sutton in Ashfield, School Main Reception
Dukeries Academy, Ollerton, ATTFE building
ATTFE Community Hub, Idlewells Shopping Centre, Sutton in Ashfield



Upcoming Courses

Academy Transformation Trust Further Education

In partnership with CLARE WARD WAVER OF THE EAST MIDLANDS East Midlands Combined County Authority

Level 1 Essential Digital Skills

This course supports learners with the skills and knowledge to effectively use digital skills for a range of environments and workplaces.

Course Code: 25ASF13

Tuesdays, 9.30am – 2.30pm
Starting 25th November 2025 – 10th February 2026

Venue:
Adult Learning, Sutton Community Academy,
Sutton-in-Ashfield, NG17 1BW

Available for learners aged 19+ years. *Please contact us for eligibility criteria. Places will be limited and must be booked in advance. For further details or to book please call 01623 441310 or email college.info@attrust.org.uk

Website: www.attfe.org.uk #InThisTogether

FREE*

Academy Transformation Trust Further Education

In partnership with CLARE WARD WAVER OF THE EAST MIDLANDS East Midlands Combined County Authority

A More Confident Me Employability and Personal Development Skills

This course will support learners to build their confidence with a focus on employability and craft skills making it fun and interactive, delivered in an inclusive environment. Ideal for individuals looking to build their confidence, meet others from their local community or those wanting to move into employment.

Course Code: 25ASF135

Thursdays, 9.30am – 2.30pm
Starting 13th November 2025 – 30th April 2026

Venue:
ATTFE College Community Hub,
Idlewells Shopping Centre, Sutton-in-Ashfield

Available for learners aged 19+ years, but young children are welcome to attend. *Please contact us for eligibility criteria. Places will be limited and must be booked in advance. For further details or to book please call 01623 441310 or email college.info@attrust.org.uk

Website: www.attfe.org.uk #InThisTogether

FREE*

Academy Transformation Trust Further Education

In partnership with CLARE WARD WAVER OF THE EAST MIDLANDS East Midlands Combined County Authority

Supporting Positive Wellbeing for You and Your Family

A fun and informative course designed to support you and your family lead a healthier lifestyle by learning tips, knowledge and information in topics such as healthy eating, being more active and supporting positive mental health.

Course Code: 25ASF100

Wednesdays, 9.30am – 2.30pm
Starting 17th December 2025 – 22nd April 2026

Venue:
Brierley Forest Primary and Nursery School,
Westbourne View, Sutton in Ashfield

Available for learners aged 19+ years, but young children are welcome to attend. *Please contact us for eligibility criteria. Places will be limited and must be booked in advance. For further details or to book please call 01623 441310 or email college.info@attrust.org.uk

Website: www.attfe.org.uk #InThisTogether

FREE*

Academy Transformation Trust Further Education

In partnership with CLARE WARD WAVER OF THE EAST MIDLANDS East Midlands Combined County Authority

Employability & Crafts

Get work ready whilst engaging in weekly craft activities. Learners attending this course will complete a L1 Certificate in Occupational Studies for the workplace. This course is ideal for individuals looking to build their confidence or those preparing to enter employment.

Course Code: 25ASF137

**Mondays & Thursdays
9.30am – 2.30pm**
Starting 28th January – 16th July 2026

Venue:
ATTFE College Community Hub,
Idlewells Shopping Centre, Sutton-in-Ashfield

Available for learners aged 19+ years. *Please contact us for eligibility criteria. Places will be limited and must be booked in advance. For further details or to book please call 01623 441310 or email college.info@attrust.org.uk

Website: www.attfe.org.uk #InThisTogether

FREE*

Here are a few of our upcoming courses at ATTFE College! Please keep an eye on our social media pages for the latest updates and information.

Alternatively, you can view a list of our upcoming courses on our website:

Upcoming Courses



If you're looking for something more flexible, we also offer a number of ONLINE courses such as mental health, counselling, retail, coding, and many more.

Our online courses provide the same high-quality education as our in-person courses with the added convenience of being able to learn from anywhere.

Scan the QR Code to go your **Online Courses webpage!**

For more details or to sign up, please contact 01623 441310 or email college.info@atrust.org.uk. Please don't forget to mention the course name and course codes when signing up.

Alternatively, you can fill out our Course Enquiry Form, below:

[Enquiry Form](#)

Let's All Eat Food Pantry

Our weekly food pantries provide low cost food for families whilst reducing food waste. See below details to find out where your local food pantry is.
There is no need to book and no referral needed.

Our weekly food pantries provide low cost food for families whilst reducing food waste. See below details to find out where your local food pantry is.
There is no need to book and no referral needed.

For **£3.50 payments each week** you will receive between £12 - £15 worth of good quality food. **A £1 joining fee** applies to all to ensure a lifetime of membership to the 'Let's All Eat Pantry'. This is payable on your first visit along with the £3.50 for that week's food.

Please bring your own bag to carry your food items home.



Huthwaite Methodist Church

- Every Wednesday, 1.30pm - 3.30pm
- Location: Sherwood Street, Huthwaite, Sutton-in-Ashfield, NG17 2LX
- Contact information: 07867451424

St. John's Methodist Church

- Every Monday, 1.00pm - 3.00pm
- Location: Titchfield Avenue, Sutton-in-Ashfield, NG17 1EU
- Contact information: 07867451424

Lifespring Church and Oasis Cafe

- Every Thursday, 1.30pm - 3.30pm
- Location: Sherwood Drive, New Ollerton, Newark, NG22 9PP
- Contact information: 07867451424

On a Tuesday evening 4-7pm, we offer good quality high value food at the Lifespring Church through the 'Stay and Eat Social Hub'.



LET'S ALL EAT FOOD PANTRY
SUTTON-IN-ASHFIELD

Academy Transformation Trust Further Education

Let's help reduce food waste!
We use surplus food from supermarkets to support the reduction of food waste and ensuring food sustainability. Through our food pantries, people are able to access affordable healthy food which reduces landfill whilst enabling money to stretch further.

Every Monday from 1pm until 2:30pm
St John's Methodist Church,
Titchfield Avenue,
Sutton-in-Ashfield, NG17 1EU

£1 lifetime membership fee
£3.50 each week for your food box
Each food box contains an equivalent of £12 - £15 worth of food.

No referrals needed, no qualifications required as everyone is welcomed. Just come along and access the support you need in a welcoming space.

+44(0) 7867451 424 www.letsalleteat.co.uk



LET'S ALL EAT FOOD PANTRY
HUTHWAITE

Academy Transformation Trust Further Education

Let's help reduce food waste!
We use surplus food from supermarkets to support the reduction of food waste and ensuring food sustainability. Through our food pantries, people are able to access affordable healthy food which reduces landfill whilst enabling money to stretch further.

Every Wednesday from 1.30pm until 3pm
Huthwaite Methodist Church
Sherwood Street,
Huthwaite, NG17 2LX

£1 lifetime membership fee
£3.50 each week for your food box
Each food box contains an equivalent of £12 - £15 worth of food.

No referrals needed, no qualifications required as everyone is welcomed. Just come along and access the support you need in a welcoming space.

+44(0) 7867451 424 www.letsalleteat.co.uk



LET'S ALL EAT FOOD PANTRY
OLLERTON

Academy Transformation Trust Further Education

Let's help reduce food waste!
We use surplus food from supermarkets to support the reduction of food waste and ensuring food sustainability. Through our food pantries, people are able to access affordable healthy food which reduces landfill whilst enabling money to stretch further.

Every Thursday from 1pm until 2:30pm
Lifespring Centre & Oasis Cafe
Sherwood Drive
New Ollerton, NG22 9PP

£1 lifetime membership fee
£3.50 each week for your food box
Each food box contains an equivalent of £12 - £15 worth of food.

No referrals needed, no qualifications required as everyone is welcomed. Just come along and access the support you need in a welcoming space.

+44(0) 7867451 424 www.letsalleteat.co.uk

#WellbeingWednesday

Resources on our Website

We compiled a bunch of wellbeing resources on our ATTFE College website. From exercise videos, wellbeing materials, and information regarding our Mental Health First Aiders, you can find them there!

To go to our Wellbeing Page you can click, here: [Wellbeing - ATTFE College Webpage](#)

Resources on our YouTube Channel

On our YouTube channel, we host multiple wellbeing resources such as Tai Chi, beginners exercise, yoga videos and many more!

You can go to our YouTube channel, here: [ATTFE College - YouTube Channel](#)

Make sure to subscribe so you don't miss anything, and feel free to share with your friends and family!

Self-care WEEKLY CHALLENGE



*Take one day to do something entirely
for you! And only you!*

#WellbeingWednesday

#InThisTogether

ATTFE College

Sutton-In-Ashfield, Nottingham
United Kingdom NG17 1EE

[#InThisTogether](#)

