



# ATTFE College Courses

## February 2026 Onwards

Course Title	Description	Venue	Dates & Times	Course Code
Welcome to ESOL (English for Speakers of Other Languages)	The perfect introduction to anyone who does not speak English as a first language and are looking to improve their English speaking, listening and writing skills.  Suitable for adults aged 19+ years.	Adult Learning, Sutton Community Academy, Sutton-in-Ashfield, NG17 1BW	Fridays, 10am - 2pm  Starting 27th February - 27th March 2026 (5 weeks)	25TL074
Essential Digital Skills (Entry Level 3)	This course is designed to equip learners with basic digital skills needed for life and work. The course will cover topics such as using devices and handling information, creating and editing documents, communication using digital skills and keeping safe online.	Adult Learning, Sutton Community Academy, Sutton-in-Ashfield, NG17 1BW	Tuesdays, 9.30am – 2.30pm  Starting 24th March - 19th May 2026	25ASF114
Essential Digital Skills (Level 1)	This course supports learners with the skills and knowledge to effectively use digital skills for a range of environments and workplaces.	Adult Learning, Sutton Community Academy, Sutton-in-Ashfield, NG17 1BW	Tuesdays, 9.30am – 2.30pm  Starting 2nd June - 14th July 2026	25ASF115
A More Confident Me - Skills for Job Search and Job Applications	This course will equip learners to build their skills, knowledge and confidence in job searching, applying for jobs and interview skills.	ATTFE College Community Hub, Idlewells Shopping Centre, Sutton-in-Ashfield	Thursdays, 9.30am - 2.30pm  Starting 7th May - 16th July 2026	25ASF136

\*Please contact us for eligibility criteria. Suitable for learners aged 19+. Places will be limited, and should be booked in advance. For more details or to sign up, please contact 01623 441310 or email [college.info@attrust.org.uk](mailto:college.info@attrust.org.uk). **Please quote course codes when signing up.**



# ATTFE College Courses

## February 2026 Onwards

Course Title	Description	Venue	Dates & Times	Course Code
Functional Skills (Maths and English)	Supporting you to develop your maths and English skills in a friendly environment with our experienced tutors. Learners will be assessed at the beginning of the course to enable us to support you at the appropriate level for your needs.	Adult Learning, Sutton Community Academy, Sutton- in-Ashfield, NG17 1BW	Mondays, 9.15am - 2.45pm, <u>or</u> Tuesdays, 9.15am - 2.45pm Starting w/c 13th April 2026 until w/c 13th July 2026 (12 weeks, term-time only and excluding Bank Holidays)	25ASF043
Essential Digital Skills (Entry Level 3)	This course is designed to equip learners with basic digital skills needed for life and work. The course will cover topics such as using devices and handling information, creating and editing documents, communication using digital skills and keeping safe online.	Adult Learning, Sutton Community Academy, Sutton- in-Ashfield, NG17 1BW	Mondays, 5pm - 8pm Starting 13th April - 20th July 2026	25ASF186
Confidence Building	You'll explore the power of confidence, discover your unique skills and transferable abilities, and learn how to communicate more effectively and assertively. We'll also cover ways to look after your health and wellbeing. Whether you're preparing for new challenges, returning to work, or simply want to boost your self-belief, this course will equip you to thrive.	Community Corner, Market Street, Sutton-in- Ashfield, NG17 1AQ	Tuesdays, 9.30am – 2.30pm Starting 24th February – 31st March 2026	25TL027

\*Please contact us for eligibility criteria. Suitable for learners aged 19+. Places will be limited, and should be booked in advance. For more details or to sign up, please contact 01623 441310 or email [college.info@attrust.org.uk](mailto:college.info@attrust.org.uk). **Please quote course codes when signing up.**



# ATTFE College Courses

## February 2026 Onwards

Course Title	Description	Venue	Dates & Times	Course Code
Arts and Crafts Club	A fun and informal creative craft group supporting individuals to get creative whilst socialising with others in their local community, great for supporting positive wellbeing.	Lifespring Church & Centre at Warsop Town Hall, NG20 0AL	Tuesdays, 9am - 3pm Starting 16th September - 16th December 2025, but new learners can join at any point.	25TL065
Arts and Crafts Club	A fun and informal creative craft group supporting individuals to get creative whilst socialising with others in their local community, great for supporting positive wellbeing.	Lifespring Centre & Oasis Café, New Ollerton, Newark NG22 9PP	Saturdays, 10am - 12pm Starting 27th September - 13th December 2025, but learners can join at any point.	25TL087
Level 2 in Understanding Nutrition and Health	This course will support learners to improve their knowledge of healthy eating principles and the role of food in maintaining a good health. Delivered in a practical way, learners will also take part in practical hands on cooking activities to enhance their knowledge of food nutrition and healthy recipes.	Shine Café, King Street, Sutton-in-Ashfield, NG17 1AT	Wednesdays, 9am – 3pm Starting 1st April - 8th July 2026	25ASF084
Level 3 Certificate in Applied Counselling Studies	This qualification is intended for candidates who have already acquired a recognised qualification in counselling skills and want to: take the next step in training to become a counsellor, learn more about counselling theory, ethics and mental health, and/or be prepared for work as a professional counsellor in an agency setting.	ATTFE in the Community venue, 9 - 11 Low Street, Sutton-in-Ashfield, NG17 1DH	Tuesdays, 9.30am - 2.30pm Starting 24th February - 16th December 2026 (term-time only)	25LCB011

\*Please contact us for eligibility criteria. Suitable for learners aged 19+. Places will be limited, and should be booked in advance. For more details or to sign up, please contact 01623 441310 or email [college.info@attrust.org.uk](mailto:college.info@attrust.org.uk). **Please quote course codes when signing up.**



# ATTFE College Courses

## February 2026 Onwards

Course Title	Description	Venue	Dates & Times	Course Code
Entry Level 3 Essential Digital Skills	This course is designed to equip learners with basic digital skills needed for life and work. The course will cover topics such as using devices and handling information, creating and editing documents, communication using digital skills and keeping safe online.	Lifespring Centre, Warsop Town Hall, Church Street, NG20 0AL	Tuesdays, 9.30am - 3pm Starting 24th February - 28th April 2026	25ASF238
Entry Level 3 Essential Digital Skills	This course is designed to equip learners with basic digital skills needed for life and work. The course will cover topics such as using devices and handling information, creating and editing documents, communication using digital skills and keeping safe online.	Lifespring Centre & Oasis Café, New Ollerton, Newark NG22 9PP	Wednesdays, 9.30am - 3pm Starting 18th February - 22nd April 2026	25ASF239
Entry Level Functional Skills Maths	This course is ideal for learners who would like to build their confidence with maths skills that can be applied in everyday life, for employment or to be able to progress onto further training. Learners will complete an assessment at the start of the course to ensure that course sessions are delivered at a level appropriate to your learning needs.	Lifespring Centre, Warsop Town Hall, Church Street, NG20 0AL	Tuesdays, 9.30am - 3pm Starting 5th May - 14th July 2026	25ASF243

\*Please contact us for eligibility criteria. Suitable for learners aged 19+. Places will be limited, and should be booked in advance. For more details or to sign up, please contact 01623 441310 or email [college.info@attrust.org.uk](mailto:college.info@attrust.org.uk). **Please quote course codes when signing up.**



# ATTFE College Courses

## February 2026 Onwards

Course Title	Description	Venue	Dates & Times	Course Code
Shamanic Healing	Go on a transformational journey with our Shamanic Healing Course, where ancient wisdom meets modern wellbeing. Explore energy practices, intuitive healing, and spiritual connection while learning practical nutrition and holistic health tools. Rebalance your body, mind, and spirit, and gain empowering skills to support your own healing journey. After completing the course, you will receive a L1 Award in Nutrition & Health qualification.	ATTFE College Community Hub, Idlewells Shopping Centre, Sutton-in- Ashfield	Mondays, 1pm - 3pm Starting 23rd February 26 - 22nd June 2026 (15 weeks, not running during bank holidays)	25ASF260

\*Please contact us for eligibility criteria. Suitable for learners aged 19+. Places will be limited, and should be booked in advance. For more details or to sign up, please contact 01623 441310 or email [college.info@attrust.org.uk](mailto:college.info@attrust.org.uk). **Please quote course codes when signing up.**