

# ATTFE College Online Courses

## Supporting Positive Wellbeing

Qualification	Course Title	Description	Course Code
NCFE Level 2 <b>Estimated Length:</b> 160 Hours	Awareness of Mental Health Problems	Mental health presents one of the greatest challenges to our society. While many elements of mental health are still not understood, having a good knowledge of the information that is available is essential in the care sector.	601/3438/0
NCFE Level 2 <b>Estimated Length:</b> 120 Hours	Counselling Skills	Many people find it helpful to seek the support of counselling at some point in their lives. People in any situation could benefit from counselling, those with the correct understanding, knowledge, skills can provide them with support to improve personal well-being.	600/0728/X
NCFE Level 2 <b>Estimated Length:</b> 120 Hours	Mental Health First Aid and Advocacy in the Workplace	It's important that employers are transparent and open about mental health issues, and this qualification builds an understanding of mental health problems and the support available to colleagues. Increasing the understanding of mental health of staff at all levels builds a culture of care and support.	603/5148/2
NCFE Level 2 <b>Estimated Length:</b> 155 Hours	Working with People with Mental Health Needs	Mental health presents one of the greatest challenges to our society. While many elements of mental health are still not understood, having a good knowledge of the information that is available is essential in the care sector.	601/3434/3
NCFE Level 2 <b>Estimated Length:</b> 130 Hours	Understanding Domestic Abuse	This qualification is for anyone who has a responsibility to respond to domestic abuse or support those experiencing domestic abuse. This includes employers, teachers, health and social care workers, and anyone involved in safeguarding vulnerable adults, children or young people.	603/7168/7
NCFE Level 2 <b>Estimated Length:</b> 110 Hours	Improving Personal Exercise, Health and Nutrition	Poor diet and lack of exercise are recognised as some of the major contributors to ill health. Regular exercise and a balanced diet help to reduce stress, improve sleep, reduce the risk of illness and increase life quality. Therefore, having a good understanding of this topic is important to maintaining well-being.	603/2831/9

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Qualification	Course Title	Description	Course Code
NCFE Level 2  <b>Estimated Length:</b> 110 Hours	Understanding Nutrition and Health	<p>The number of obese people in the UK has more than trebled in the last 25 years, reaching what many doctors believe to be 'epidemic' proportions. Insufficient nutrition can lead to a variety of health-threatening conditions; understanding the benefits of a balanced diet and the role of nutrition in the prevention and treatment of disease is fundamental.</p>	601/3389/2
NCFE Level 3  <b>Estimated Length:</b> 153 Hours	Understanding Mental Health	<p>This qualification is designed to increase learners' knowledge and understanding of mental health and mental well-being. Successful completion of the required units will allow the learner to develop in-depth knowledge and understanding of mental health.</p> <p>It will also support learner progression into relevant employment within the health and social care sector.</p>	601/8968/X
NCFE Level 3  <b>Estimated Length:</b> 270 Hours	Diploma in Counselling Skills	<p>This qualification aims to provide learners with in-depth knowledge of the use of counselling skills in everyday life and work and the approaches that underpin the use of these skills.</p> <p>This qualification is ideal for those seeking to enhance their functional role through the use of counselling skills. Learners will gain an understanding of a range of counselling skills and have the opportunity to examine some of the various schools of thought/theoretical models associated with them.</p>	600/0727/8

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# ATTFE College Online Courses

## Supporting Equality, Diversity and Inclusion

Qualification	Course Title	Description	Course Code
NCFE Level 2  <b>Estimated Length:</b> 130 Hours	Understanding Behaviour That Challenges	Challenging behaviour is the causing increasing concern today as many individuals have increasing levels of stress and uncertainty in their lives. This behaviour can be due to factors such as anxiety, neglect, abuse, learning disabilities, and conditions like dementia.	603/1062/5
NCFE Level 2  <b>Estimated Length:</b> 180 Hours	Equality and Diversity	Offering clear and accurate information, advice, or guidance and knowing what can be shared legally and professionally can greatly improve outcomes for a business. There are some fundamental rules for successful information sharing and ensuring staff are aware of these is key.	601/3145/7
NCFE Level 2  <b>Estimated Length:</b> 129 Hours	Understanding Specific Learning Difficulties	Having a learning difficulty means that people find it harder to learn certain skills. As this affects around 15% of people, it is important for those working in healthcare, social care, and education to have knowledge of different Specific Learning Difficulties such as ADHD, dyslexia, and dyscalculia.	603/2041/2
NCFE Level 2  <b>Estimated Length:</b> 152 Hours	Understanding Autism	Autism is a spectrum condition that affects how a person communicates with others and how they interpret the world around them. Having a clear understanding of the misconceptions, diagnoses, and support surrounding autism are just some of the essential skills needed when working in mental health.	601/6330/6
NCFE Level 2  <b>Estimated Length:</b> 143 Hours	Working with individuals with Learning Disabilities	Around 1.5 million people in the UK have a learning disability. Owing to the fact that they are likely to find it more difficult than others to describe their symptoms, a good knowledge of legislation and the healthcare system, as well as an understanding of signs and symptoms of various conditions, is essential for anyone working with individuals with learning disabilities.	601/1687/0

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Qualification	Course Title	Description	Course Code
NCFE Level 3  <b>Estimated Length:</b> 189 Hours	Understanding Autism	Autism is described by The National Autistic Society as a complex, lifelong developmental disability that typically appears during early childhood and can impact a person's social skills, communication, relationships, and self-regulation. Individual preference regarding terminology used for an individual on the autism spectrum may vary and must be valued and respected.	603/1935/5

## Supporting Children and Young People

Qualification	Course Title	Description	Course Code
NCFE Level 2  <b>Estimated Length:</b> 135 Hours	Understanding Children and Young People's Mental Health	Mental health problems affect around 1 in 10 children and young people. Emotional wellbeing is just as important as a child's mental health, therefore it is important for those working with children and young people to have a good understanding of the concepts, risk factors, and impact of mental health.	603/2813/7
NCFE Level 2  <b>Estimated Length:</b> 105 Hours	Introduction to Neuroscience in Early Years	<p>This qualification provides an introduction to neuroscience in the early years--from birth to seven years. Self-regulation in the early years is a critical set of skills that help children to remain calm, attentive, and able to deal with powerful emotions such as fear, anger, and sadness.</p> <p>Children are not born with these skills; they develop them over time when they are supported to understand their feelings and actions by caring and responsive adults. This qualification covers key factors that may affect development in children such as stress, adverse childhood experiences, and special educational needs and disabilities.</p>	603/5216/4

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Qualification	Course Title	Description	Course Code
NCFE Level 2  <b>Estimated Length:</b> 115 Hours	Safeguarding and Prevent	The purpose of this qualification is to support anyone who is responsible for the safeguarding of people and for helping prevent radicalisation. It gives learners an understanding of recognising the signs of abuse, how to reduce the risk of radicalisation, and the potential consequences of illegal online activity.	603/2818/6
NCFE Level 2  <b>Estimated Length:</b> 105 Hours	Understanding Mental Health and Early Years	The early years of childhood are critical for development. Learning the significance of attachment and adverse experiences during this time is important to understand children's mental health. Whether you are looking to begin work with young children, or you work with children in your current role, having a solid grasp on the importance of a child's emotional wellbeing is vital.	603/5862/2
NCFE Level 2  <b>Estimated Length:</b> 120 Hours	Understanding Adverse Childhood Experiences	Children and young people are amongst the most vulnerable in our society when it comes to the impact of adverse circumstances on their lives. Adverse childhood experience can have impacts on the development and mental health of children and young people that may persist into adulthood and affect their life chances. Children and young people affected by such events need support to strengthen their resilience and empower them to overcome their fears and the challenges they face.	603/5808/7
NCFE Level 3  <b>Estimated Length:</b> 189 Hours	Understanding Autism	Autism is described by The National Autistic Society as a complex, lifelong developmental disability that typically appears during early childhood and can impact a person's social skills, communication, relationships, and self-regulation. Individual preference regarding terminology used for an individual on the autism spectrum may vary and must be valued and respected.	603/1935/5

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## Working in Health and Social Care

Qualification	Course Title	Description	Course Code
NCFE Level 2  <b>Estimated Length:</b> 179 Hours	Preparing to Work in Adult Social Care	The need for adult social care continues to rise at a time when the system supporting that care is rapidly and significantly changing. With around 1.5 million people working in adult social care in England, care workers need up-to-date support and guidance in order to provide adequate person-centred care.	600/0047/8
NCFE Level 2  <b>Estimated Length:</b> 120 Hours	Safe Handling of Medication in Health and Social Care	Modern medicines are powerful substances which have beneficial effects for millions of people worldwide. However, inappropriate use or handling of these substances can have severe consequences, including death. Having good up-to-date knowledge of the safe handling of medicines is essential for anyone working with medication.	601/3404/5
NCFE Level 2  <b>Estimated Length:</b> 160 Hours	Principles of Team Leading	Strong team leadership is essential for providing guidance, direction, and instruction within a group and inevitable leads to more effective teamwork and more motivated employees. Being able to manage a team effectively is critical in the current job market, where employee productivity and team outcomes are closely monitored.	603/3883/0
NCFE Level 2  <b>Estimated Length:</b> 143 Hours	Working with individuals with Learning Disabilities	Around 1.5 million people in the UK have a learning disability. Owing to the fact that they are likely to find it more difficult than others to describe their symptoms, a good knowledge of legislation and the healthcare system, as well as an understanding of signs and symptoms of various conditions, is essential for anyone working with individuals with learning disabilities.	601/1687/0

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Qualification	Course Title	Description	Course Code
NCFE Level 2  <b>Estimated Length:</b> 94 Hours	Customer Service for Health and Social Care Settings	Our new qualification enhances Customer Service in Healthcare, which will support you when you are dealing with residents, families, patients, and internal and external customers within the Health and Social Care environment.	603/0483/2

## Hospitality, Retail and Customer Service

Qualification	Course Title	Description	Course Code
NCFE Level 2  <b>Estimated Length:</b> 125 Hours	Excellence in Customer Service for Hospitality	In the hospitality sector, staff are often the forefront of the business and first impressions are vital. It is therefore important that those working in hospitality are highly professional. Understanding how to communicate effectively, the importance of teamwork and the importance of maintaining food hygiene is essential for staff in these roles.	603/2778/9
NCFE Level 2  <b>Estimated Length:</b> 118 Hours	Retail operations	The retail industry is subject to a number of pressures. These include changes in shopping habits and the recent economic downturn which reduced the consumer spending. However as consumer confidence begins to grow, it is important that retail support staff are fully trained and equipped to represent your business and to meet the needs of your customers.	601/3338/7
NCFE Level 2  <b>Estimated Length:</b> 160 Hours	Principles of Team Leading	Strong team leadership is essential for providing guidance, direction, and instruction within a group and inevitable leads to more effective teamwork and more motivated employees. Being able to manage a team effectively is critical in the current job market, where employee productivity and team outcomes are closely monitored.	603/3883/0

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## Digital Skills, Data Protection and Cyber Security

Qualification	Course Title	Description	Course Code
NCFE Level 2  <b>Estimated Length:</b> 110 Hours	Principles of Cyber Security	<p>In an increasingly digital world, cyber security is fast becoming a main concern for many organisations. With complex online scams and cyber crime, it's essential that organisations have an understanding of preventative measures to maintain cyber security, including techniques and security checks needed to store data securely. This online course is a key starting point for anyone looking to begin their career in cyber security.</p>	603/5853/1
NCFE Level 2  <b>Estimated Length:</b> 110 Hours	Data Protection and data security	<p>Data protection compliance is an essential legal requirement for all organisations. Since the General Data Protection Regulation (GDPR) came into force in May 2018, it is more vital than ever that everyone who works with personal data understands the laws and acts in compliance, as the penalties can be severe.</p>	603/3639/0
NCFE Level 2  <b>Estimated Length:</b> 155 Hours	Understanding Coding	<p>Coding is what makes it possible for anyone to create computer software. Websites, apps, and social media are all made with code. It is a language that tells computers what action to perform.</p> <p>This qualification is designed for anyone who is looking to gain an introduction to coding. As the world is evolving digitally and the digital sector is growing, this course will give you an insight into the principles of coding, and how coding is used in practice for software development.</p>	603/5854/3
NCFE Level 3  <b>Estimated Length:</b> 150 Hours	Certificate in Cyber Security Practices	<p>This course provides learners with sector awareness. It will provide the learner with a chance to develop knowledge and skills relating to cyber security practices with the view to seeking employment or proceeding to further study in this area.</p>	603/5762/9

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## Other, No Specific Category

Qualification	Course Title	Description	Course Code
NCFE Level 2  <b>Estimated Length:</b> 155 Hours	Business and Administration	There were an estimated 5.5 million private sector businesses in the UK at the start of 2016. Despite the recent economic difficulties, the trend has been steadily increasing in the business population. Today's global economy brings with it a wealth of new markets, shrinking profit margins, and increasing operating expenses; the need for good business administration has never been greater.	601/7071/2
NCFE Level 2  <b>Estimated Length:</b> 114 Hours	Information, Advice and Guidance	Offering clear and accurate information, advice, or guidance and knowing what can be shared legally and professionally can greatly improve outcomes for a business. There are some fundamental rules for successful information sharing and ensuring staff are aware of these is key.	601/4321/6
NCFE Level 2  <b>Estimated Length:</b> 101 Hours	Warehousing and Storage	The warehousing and storage of goods is an essential part of logistics operations within a business. Roles within this industry require great skill and organisation to coordinate the demand and supply of goods and ultimately meet customer needs.	603/0634/8