



Fun Together Newsletter

Issue 10 - Friday, 21st March 2025



Welcome to the [ATTFE Fun Together Newsletter](#). Keeping you up-to-date with top tips, updates and news about free fun and local activities for families in the North Nottinghamshire area, aimed at families with children 0-11 years.

Our Fun Together newsletters aim to share information about activities and opportunities relevant to families.

In this March issue, you will find information about:

- Easter crafts and recipe ideas
- Information about local food pantries
- Family Support & Resources
- Upcoming Family Events & Activities
- Courses for parents and guardians

Easy Easter Recipe



Easter Egg Blondies

Preparation time: less than 30 mins

Cooking time: 10 to 30 mins

Serves: Makes 16

These mini egg blondies are a fun and easy recipe to make with children

for Easter. They have a mild toffee flavour and a fudgy richness similar to raw cookie dough.

Recipe by Justine Pattison (Source: [BBC Food](#))

Ingredients

- 250g/9oz cold unsalted butter, cut into 6–8 pieces
- 150g/5½oz light soft brown sugar
- 125g/4½oz caster sugar
- 2 large free-range eggs
- 1½ tsp vanilla extract
- pinch sea salt
- 300g/10½oz plain flour
- 225g/8oz sugar-coated mini chocolate eggs

Method

1. Preheat the oven to 190C/170C Fan/Gas 5. Grease and line a 20cm/8in square loose-based cake tin with baking paper.
2. Melt the butter in a saucepan over a medium–low heat. Stir in both sugars and cook for 1–2 minutes, or until the butter is absorbed and the mixture turns a creamy toffee colour and looks smooth and glossy. Take off the heat and set aside.
3. Whisk the eggs, vanilla and salt together in a large bowl. Whisk in the melted butter and sugar mixture until thoroughly combined, then whisk in the flour until smooth. Pour the batter into the prepared tin and bake for 20 minutes.
4. While the blondie is cooking, cut 125g/4½oz of the chocolate eggs in half. It's best to use the heel rather than the tip of the knife and work with just a couple of the eggs at a time.
5. When the 20 minutes is up, take the blondie out of the oven and scatter the halved and whole chocolate eggs on top. Carefully press the eggs into the blondie mixture and don't worry if the surface cracks a little. (Take care as the sides of the tin will be hot.) Return to the oven for a further 10 minutes or until the blondie is pale golden-brown.

6. Cool the blondie in the tin for at least 10 minutes before cutting into squares. Serve warm or cold.

Have fun, and enjoy your sweet treat!

Easter Crafts

Egg Carton Bunny

Source: www.thebestideasforkids.com

Materials:

- Egg Carton
- Acrylic Paint – pink, yellow and baby blue
- Scissors
- Googly Eyes
- Pink Pom Poms
- White Foam
- Masking Tape
- Glue
- Black Marker
- Mini Eggs (or other Easter-themed sweets!)



Steps:

1. Begin by cutting 2 egg compartments and trimming off any excess to create a flat top to the cartons.
2. Place the trimmed egg cartons on top of each other with the flat tops touching. Take a piece of masking tape and put a small piece on the back of the cartons. Then open up the egg carton and place another piece of masking tape on the inside.



3. Paint the egg cartons a spring color. We love these baby blue, yellow and pink paint colors that match the mini eggs!

4. Cut 2 bunny ear shapes out of the foam.

5. Once the paint has dried, add the eyes and pink pom pom for the nose with glue. Glue on the ears as well. Take a thick black marker and add whiskers and eyelashes if desired.



Family Support & Resources

Your Health Notts FAB Programme

Your Health Notts FAB (Food, Activity, Balance) programme is a **FREE** family weight management service that supports the whole family. They support families to make healthy food choices and create positive, lasting changes.

Visit yourhealthnotts.co.uk, scan the QR code on the poster, or the contact number below for more information!

YOUR KIDS FAB HEALTH!

FOOD, ACTIVITY, BALANCE

**FREE SUPPORT & ADVICE FROM
NUTRITIONISTS & PERSONAL TRAINERS**

HELPING FAMILIES TO EAT WELL AND MOVE MORE

Empower yourself
to make positive
changes for your
family

To find out more:
Call us on 0115 7722515
Text 'Family' to 62277
Or scan the QR code



Your Health
Notts





Grow Together Initiative

Cultivating Healthy Habits in Our Community

ATTFE College is excited to launch Grow Together, an initiative designed to inspire communities to grow their own food and make healthier eating choices!

Through this initiative, we will be distributing **micro-vegetable growing kits** to community

groups, including primary schools, encouraging individuals and families to experience the joy of growing their own vegetables at home. By providing these kits, we aim to promote **sustainability, self-sufficiency, and a deeper connection to fresh, nutritious food.**

Whether you're part of a school, community group, or local organisation, we'd love for you to join us in making home-grown food accessible, fun, and rewarding!

To register your organisation or group, please fill in the online form, below:

[Group / Organisation Registration](#)



Upcoming Family Events & Activities

ATTFE College Holiday Activities and Food (HAF) Programme

Get ready for a fun-filled April school holiday with our Holiday Activities and Food Programme!

We've got loads of exciting FREE activities lined up for children and young people aged 5-16 years old, plus a tasty meal with every session.

If you have a HAF code, you're all set! To sign up, simply scan the QR code on the poster or fill out our quick online form here:

[Book Here](#)



#InThisTogether

Holiday activities and food



Funded by



Department
for Education

**ATFE College is offering FREE*
fun-filled Spring activities for HAF eligible
children aged 5-16.**

FREE breakfast & lunch included!

Available dates:
Tuesdays, 8th and 15th April 2025
Wednesdays, 9th and 16th April 2025

Time:
10am - 2pm

Venue:
ATFE College,
Sutton Community Academy,
Sutton-in-Ashfield
NG17 1BN

**A range of different fun activities will
take place during these sessions,
from creative crafts to sports
activities!**

To book, please scan the QR Code to book online via Eequ.org. Please note, you will need to book your children via this platform as we do not accept walk ins.





Activities with Everyone Active

Take a look at the very first edition of Everyone Active's *Ashfield District Schools Swimming Service* newsletter!

[Click the image to view it in full size and catch up on all the latest updates.](#)

Spring

SCHOOLS

SWIMMING SERVICE NEWSLETTER

HUCKNALL, KIRKBY & LAMMAS LEISURE CENTRES

A BIG WELCOME!

Welcome to the first edition of our Ashfield district Schools Swimming Service newsletter.

We are immensely proud of all children learning to swim in the Schools Swimming Service, and to show our gratitude we're sharing some unique rewards for everyone participating in the scheme. Well done to you all!

The Everyone Active team

SCHOOLS SWIMMING SERVICE

THE IMPORTANCE OF LEARNING TO SWIM

Swimming is a life skill with many physical, mental and social benefits.

Learning basic swimming and water safety skills could save your life.

Swimming is an activity that can be enjoyed throughout your life time.

As you can see swimming has health benefits for the mind and body, as well as being the only sport that could save your life. We aim to equip children with the knowledge, water confidence and ability to enjoy water safely.

By the time your child is ready to leave primary school, at the end of Year 6, they should be able to swim, know the dangers of water and understand how to stay safe when playing in and around it.



MEET OUR TEAMS

We have fantastic swim instructor teams at Hucknall and Lammas Leisure Centres. All instructors hold Level 2 swimming teaching and lifeguard qualifications.



The Hucknall Leisure Centre team, from left, Emma, Diane, Amanda, Anthony, Fern, Laura & Anne.



The Lammas Leisure Centre Team, from left, Paul, Paul, Angie, Diane & Fern.

Hucknall Leisure Centre Linby Road,
Hucknall, Nottingham NG15 7TX Tel. 0115 956 8750

Kirkby Leisure Centre Hodgkinson Road,
Kirkby-in-Ashfield NG17 7D Tel. 0162 345 7101

Lammas Leisure Centre Lammas Road,
Sutton-in-Ashfield NG17 2AD Tel. 0162 351 1177



Everyone Active works in partnership with Ashfield District Council

ASHFIELD AREA HOLIDAY ACTIVITIES AND FOOD PROGRAMME

Get ready for the Easter holiday period! Our teams will be supporting the delivery of some amazing activities to your 8-15 year olds. Participants receive a healthy meal too! (Funded options available for those in receipt of benefits related free school meals.)

Multi-Activity Days at Kirkby Leisure & Hucknall Leisure Centres
For children aged 8-11 years. There is something for everyone; activities include swimming and water safety, sports like badminton, basketball and roller skating, plus crafts.

📍 **Kirkby Leisure Centre**

📅 **Dates:**

- Wednesday 9th / Thursday 10th April
- Wednesday 16th / Thursday 17th April

📍 **Hucknall Leisure Centre**

📅 **Dates:**

- Tuesday 8th / Wednesday 9th April
- Tuesday 15th / Wednesday 16th April

Junior-funded Gym places at Lammas Leisure Centre

For young people aged 11-15 years. Special supervised gym sessions at set times, supported by our team, giving gym access and pool use. Perfect for recreational or fitness purposes.



**BOOK
NOW!**

BOOKING CODES FOR HOLIDAY ACTIVITIES



HUCKNALL



LAMMAS



KIRKBY

GET YOUR SKATES ON!

Roll straight into the weekend with a fun Friday night activity at **Kirkby Leisure Centre**.

Join our Roller Skating Disco sessions, every Friday, 7pm to 8:30pm, for ages 8yrs plus.

Just **£3.50**, including skate hire and protective equipment.



LEARN TO SWIM WITH US! SPECIAL OFFER! SAVE £5!

We offer swimming lessons for all ages, from babies (6 months) to adults, at Hucknall, Kirkby, and Lammas Leisure Centres. Improve your swim skills or help your kids in the water!

Quote the reference code **SSNJF** and save the £5 joining fee.

PARTY MANIA!



HUCKNALL, KIRKBY &
LAMMAS LEISURE CENTRES

PARTY MANIA! YOUR ULTIMATE PARTY EXPERIENCE AWAITS!

Book your party with us and
enjoy a massive 20% off!

Mention this newsletter when booking to
enjoy the discount on swimming and multi-
sports parties at Hucknall Leisure Centre.

BOOK YOUR PARTY TODAY!

For more info and to book, email:
hucknallinfo@everyoneactive.com

Bookings must be made before 31 May 2025




JOIN THE EASTER FUN LAMMAS LEISURE CENTRE

 21 APRIL | 12PM - 2PM

Bring the whole family to our annual **Easter Egg Hunt!**
Enjoy a fun-filled afternoon of games and activities in our
amazing **Ninja TAG** and **Soft Play Arena**, for children of all
ages, with fantastic prizes to be won.

JUST £7 PER CHILD

 Call 01623 511177 or book via the **Everyone Active** app.
Pre-booking advisable, but walk-ins welcome.

(walk-ins dependant on occupancy).



SAVE ON THE BEST FOOTBALL COACHING!

SAVE £5 WITH THIS NEWSLETTER

Enrol your child on our coached football
courses at **Hucknall Leisure Centre** and pay no
admin fee! Learn the sport or
develop new skills.

Sessions run every
Saturday morning,
8am to 10am, for
ages 5 to 11.


Use reference code **IFNJF**
to access this discount!


Offer expires 01.06.2025.



YOUNG ADVENTURERS WANTED UNLEASH THE FUN AT KIRKBY LEISURE CENTRE!

Bring your under-12s to our fantastic Soft Play
area, where they can climb, bounce, slide, and
learn through play. Each 90-minute session is
packed with discovery.

 Monday to Friday: 9:30am – 6:30pm

 Weekends: 8am – 6:30pm

** Parental supervision required



 everyoneactive.com  facebook.com/everyoneactive  [@everyoneactive](https://twitter.com/everyoneactive)  [@everyoneactive](https://www.instagram.com/everyoneactive)

Something for Our Parents and Carers

Did you know that Fun Together is a programme delivered by **ATTFE College**?

We are a local college who support both family and adult learning across the
Mid Nottinghamshire area. We have a range of adult learning courses available
for adults to access.

Here are a few of our **upcoming courses**! Please keep an eye on our social media pages for the latest updates and information. Alternatively, you can view all of our upcoming courses on our website:

Courses: March 2025 Onwards



Craft Club

A fun and sociable craft session for adults aged 19+ years. Free to attend. Learners can start at any point. Children welcome to join in with a responsible adult.

Course code: 24TL221

Wednesdays, 12.30pm – 3pm
Starting 26th March to 11th June 2025

Venue:
Trowel Court Community Centre

Free to attend. Places must be booked in advance. For more information or to book a place please contact college.info@attftrust.org.uk or call 01623 441310.

Website: www.attfje.org.uk #InThisTogether



Craft Club

A fun and sociable craft session for adults aged 19+ years. Free to attend. Learners can start at any point. Children welcome to join in with a responsible adult.

Course code: 24TL220

Wednesdays, 9am – 12pm
Starting 26th March to 16th July 2025

Venue:
Rainworth Social Action Hub

Free to attend. Places must be booked in advance. For more information or to book a place please contact college.info@attftrust.org.uk or call 01623 441310.

Website: www.attfje.org.uk #InThisTogether



Beginner Level French Course

Do you want to communicate better when on holiday in France? Or maybe you just want to try something new? Come and join our beginner-level French course. Lots of useful topics will be covered; greetings, eating out, shopping, describing health conditions, getting around town and lots more. By the end of the course you will be able to say some basic phrases to help you get the best out of your holiday.

Course Code: 24TL216

Saturdays, 12pm – 2pm
Starting 5th April until 10th May 2025

Venue:
ATTFE in the Community Venue
9-11 Low Street
Sutton in Ashfield

Suitable for learners aged 19+ years. Free to attend. Spaces will be limited and must be booked in advance. For more details or to book please contact 01623 441310 or email college.info@attftrust.org.uk

Website: www.attfje.org.uk #InThisTogether



Sutton in Bloom Gardening Group

A fun and friendly group supporting you to learn something new, socialise with others and build your confidence.

Course code: 24TL214

Thursdays, 10am – 12pm
Starting 24th April until 17th July 2025
(excluding 1st May)

Venue:
Salvation Army Church,
Sutton-in-Ashfield

Places are limited and must be booked in advance. To book your place, please email college.info@attftrust.org.uk or call 01623 441310.

Website: www.attfje.org.uk #InThisTogether



Cooking on a Budget

A hands-on cooking session supporting you to learn new low-cost recipes and to eat fresh healthy meals without breaking the bank. At the end of the session, you are welcome to take your food home or stay and eat with other participants.

Course code: 24TL212

Mondays, 3.30pm – 6.30pm
Starting 12th May until Monday 30th June 2025
(except 9th of June 2025)

Venue:
Oak Tree Family Hub
Mansfield NG18 3PJ

Free to attend with all ingredients and equipment provided. All children must be accompanied by adults.

Places will be limited and must be booked in advance. Please make us aware of any known allergies or special dietary requirements when booking so that we are aware of these. For more information or to book a place please contact college.info@attftrust.org.uk or call 01623 441310.

Website: www.attfje.org.uk #InThisTogether



Functional Skills (Maths and English)

Supporting you to develop your maths and English skills in a friendly environment with our experienced tutors. Learners will be assessed at the beginning of the course to enable us to support you at the appropriate level for your needs.

Available sessions:

Mondays, 9am – 3pm	Tuesdays, 9am – 3pm
Course Code: 24ASB60c	Course Code: 24ASB98c

Starting w/c 28th April until w/c 14th July 2025
(excl. bank holidays and May half-term)

This is a 1-day a week course. Learners will attend the initial Monday session, after which you'll be assigned a specific day to attend based on your individual learning needs.

Venue:
ATTFE College
Sutton Community Academy

Available for learners aged 19+ years. Free to attend. Places will be limited and must be booked in advance. For further details or to book please call 01623 441310 or email college.info@attftrust.org.uk

Website: www.attfje.org.uk #InThisTogether #FurtherEducation #InThisTogether #FEnomenal



ATTFE College Online Courses

Supporting Children and Families

Qualification	Course Title	Description	Course Code
Level 2 Estimated Length: 117 Hours	Introducing Caring for Children and young people	With over 50,000 children identified as needing protection from abuse in the UK, it is important that those working in the care sector understand the risks of abusive and exploitative behaviour that some children experience. Knowing what strategies are used to protect them from this behaviour, whilst following procedures, is essential to helping those effected.	60003364
Level 2 Estimated Length: 135 Hours	Understanding Children and Young People's Mental Health	Mental health problems affect around 1 in 10 children and young people. Emotional wellbeing is just as important as a child's mental health, therefore it is important for those working with children and young people to have a good understanding of the concepts, risk factors, and impact of mental health.	60328137
Level 2 Estimated Length: 115 Hours	Safeguarding and Prevent	The purpose of this qualification is to support anyone who is responsible for the safeguarding of people and for helping prevent radicalisation. It gives learners an understanding of recognising the signs of abuse, how to reduce the risk of radicalisation, and the potential consequences of illegal online activity.	60328186
Level 2 Estimated Length: 129 Hours	Understanding Specific Learning Difficulties	Having a learning difficulty means that people find it harder to learn certain skills. As this affects around 15% of people, it is important for those working in healthcare, social care, and education to have knowledge of different Specific Learning Difficulties such as ADHD, dyslexia, and dyscalculia.	60320412
Level 2 Estimated Length: 152 Hours	Understanding Autism	Autism is described by The National Autistic Society as a complex, lifelong developmental disability that typically appears during early childhood and can impact a person's social skills, communication, relationships, and self-regulation. Individual preference regarding terminology used for an individual on the autism spectrum may vary and must be valued and respected.	60163306

For more details or to sign up, please contact 01623 441310 or email college.info@attfe.org.uk.

Please quote course codes when signing up.

For a **complete list** of online courses that we have on offer, please click the button below:

Online Courses PDF

For more details or to sign up, please contact **01623 441310** or email college.info@attrust.org.uk. Please quote course codes when signing up.

Helping with the Cost of Living



Let's All Eat Food Pantry

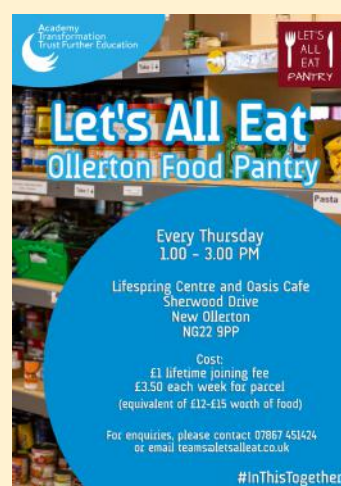
Our weekly food pantries provide low cost food for families whilst reducing food waste. See below details to find out where your local food pantry is. There is no need to book and no referral needed.

Good quality high value food bags (please bring your own bag) available on a weekly basis. For £3.50 payments each week you will receive between £12-£15 worth of good quality food.

A £1 joining fee applies to all to ensure a lifetime of membership to the 'Let's All Eat Pantry'. This is payable on your first visit along with the £3.50 for that week's food.

- Huthwaite Methodist Church
 - Every Wednesday, 1.30 - 3.30pm
 - Location: Sherwood Street, Huthwaite, Sutton-in-Ashfield, NG17 2LX
 - Contact information: [07867451424](tel:07867451424)
- St. John's Methodist Church
 - Every Monday, 1 - 3pm
 - Location: Titchfield Avenue, Sutton-in-Ashfield, NG17 1EU
 - Contact information: [07867451424](tel:07867451424)
- Lifespring Centre and Oasis Cafe
 - Every Thursday, 1 - 3pm
 - Location: Sherwood Drive, New Ollerton, Newark, NG22 9PP
 - Contact information: [07867451424](tel:07867451424)

On a Tuesday evening 4-7pm we offer good quality high value food at the Lifespring Church through the 'Stay and Eat Social Hub'



ATTFE College

High Pavement, Sutton-in-Ashfield,
Nottinghamshire, NG17 1EE, Nottinghamshire
United Kingdom

[Unsubscribe](#)

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