



# ATTFE College Free Courses

## May 2025 Onwards

Course Title	Description	Venue	Dates & Times	Course Code
Level 1 Award in Volunteering	A great course for individuals who are already volunteering in the local community or looking to get involved in volunteering.  Suitable for learners aged 19+ years.	Community Corner, Market Street, Sutton in Ashfield	Tuesdays, 9.30am – 12pm Starting 6th May until 24th June 2025	24ASF157
Level 1 Award in Volunteering	A great course for individuals who are already volunteering in the local community or looking to get involved in volunteering.  Suitable for learners aged 19+ years.	Community Corner, Market Street, Sutton in Ashfield	Tuesdays, 12.30pm – 3pm Starting 6th May until 24th June 2025	24ASF158
Level 1 Award in Volunteering	A great course for individuals who are already volunteering in the local community or looking to get involved in volunteering.  Suitable for learners aged 19+ years.	Rainworth Social Action Hub	Wednesday, 9am – 12pm Starting 21 May until 16 July 2025 (8 weeks, no session on 28th May)	24ASF164
Creative Crafts	A fun, inclusive and sociable craft group suitable for all levels. A different craft activity will be done each week.	Oak Tree Family Hub, Mansfield NG18 3PJ	Mondays, 3.30pm – 6.30pm 7th, 14th, 21st and 28th July 2025	24TL213

All courses are **FREE** to attend unless stated otherwise. Places will be limited, and should be booked in advance. For more details or to sign up, please contact 01623 441310 or email [college.info@attrust.org.uk](mailto:college.info@attrust.org.uk). **Please quote course codes when signing up.**



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Course Title	Description	Venue	Dates & Times	Course Code
Cooking on a Budget	A hands-on cooking session supporting you to learn new low-cost recipes and to eat fresh healthy meals without breaking the bank. At the end of the session, you are welcome to take your food home or stay and eat with other participants.	Oak Tree Family Hub, Mansfield NG18 3PJ	Mondays, 3.30pm - 6.30pm Starting 12th May until Monday 30th June 2025 (except 9th of June 2025)	24TL212
Supporting Personal Wellbeing	This course aims to provide attendees with tips and information to help you to support positive wellbeing on a day to day basis. The course will also include practical activities such as mindfulness and relaxation.	Lifespring Church, Ollerton	Fridays, 9am – 3pm Starting Friday 9th May – 18th July 2025	24ASF330
Create Together	Do you love being creative or want to try something new? Come and join our Create Together course! Suitable for learners aged 19+ years.  As part of the sessions, you will engage in a range of creative activities including wreath making and canvas painting, as well as completing workbook activities.	The ATTIC, Sutton Community Academy	Mondays, 5pm - 9pm Starting 12th May – 2nd June 2025 (3 sessions, all must be attended. No session on 26th May due to bank holiday)	24ASF327

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Creative Crafts	A fun and sociable course supporting you to get creative in a friendly and relaxed environment.	Sutton Community Academy	Fridays, 9.30am – 11.30am Starting 6th June until 18th July 2025	24TL239
Fast Track - Level 2 Counselling Skills	This qualification is designed to give learners the underpinning knowledge, skills and competencies to use counselling skills ethically and safely in a variety of contexts and roles.	ATTFE in the Community Venue 9 - 11 Low Street, Sutton-in-Ashfield	Tuesdays, 9.30am - 2.30pm Starting 9th September 2025 until 3rd February 2026	25ASF001
Fast Track - Level 2 Counselling Skills	This qualification is designed to give learners the underpinning knowledge, skills and competencies to use counselling skills ethically and safely in a variety of contexts and roles.	ATTFE in the Community Venue 9 - 11 Low Street, Sutton-in-Ashfield	Tuesdays, 4pm - 8.30pm Starting 9th September 2025 until 3rd February 2026	25ASF002
Level 3 Certificate in Applied Counselling Studies (CAST-L3)	This qualification is intended for candidates who have already acquired a recognised qualification in counselling skills and want to: take the next step in training to become a counsellor, learn more about counselling theory, ethics and mental health, and/or be prepared for work as a professional counsellor in an agency setting.	Portland Pathways, Sutton-in-Ashfield	Fridays, 9.30am-2.30pm 12th September 2025 - 24th July 2026	25LCB004

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# ATTFE College Free Courses

## May 2025 Onwards

Course Title	Description	Venue	Dates & Times	Course Code
Level 4 Diploma in Therapeutic Counselling (First Year)	<p>This two year part-time qualification gives learners the knowledge, skills and competencies to work as a therapeutic counsellor in an agency context in both health care and non-medical settings.</p> <p>Successful completion of this course means you will be able to provide a therapeutic counselling service.</p> <p>This course may be partially funded or fully funded. Please check you eligibility for our Advanced Learner Loans.</p>	Portland Pathways, Sutton-in-Ashfield	<p><b>Dates are Subject to Change</b></p> <p>Mondays, 9.30am-2.30pm 8th September 2025 - 20th July 2026</p> <p>Thursdays, 9.30am-2.30pm 11th September 2025 - 23rd July 2026</p>	<p>Mondays: 25LCB003</p> <p>Thursdays: 25LCB002</p>
Level 4 Diploma in Therapeutic Counselling (Second Year)	<p>This two year part-time qualification gives learners the knowledge, skills and competencies to work as a therapeutic counsellor in an agency context in both health care and non-medical settings.</p> <p>Successful completion of this course means you will be able to provide a therapeutic counselling service.</p> <p>This course may be partially funded or fully funded. Please check you eligibility for our Advanced Learner Loans.</p>	Portland Pathways, Sutton-in-Ashfield	<p>Wednesdays, 9.30am-2.30pm 10th September 2025 - 22nd July 2026</p>	25LCB006

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Course Title	Description	Venue	Dates & Times	Course Code
Level 5 Counselling	<p>This qualification is intended for candidates who want to develop CBT skills and theory as an integral part of their professional counselling work. It is designed to enhance the employability of counsellors in organisational settings and as independent practitioners by giving them a solid grounding in CBT skills and theory.</p> <p>This course may be partially funded or fully funded. Please check you eligibility for our Advanced Learner Loans.</p>	ATTFE in the Community Venue  9 - 11 Low Street, Sutton-in-Ashfield	Wednesdays, 3.30pm - 7.30pm Starting 10th September 2025 until 20th May 2026	25LCB005

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