#### January 2025 Onwards

All courses are **FREE** to attend unless stated otherwise. Places will be limited, and should be booked in advance. For more details or to sign up, please contact 01623 441310 or email college.info@attrust.org.uk. **Please quote course codes when signing up.** 

#### Visit our website:



Course Title	Description	Venue	Dates & Times	Course Code
An Introduction to Daily Digital Skills	A perfect course for anyone wanting to improve their digital skills for daily use, whether that be searching online, editing documents, using your mobile phone more effectively. Skills taught during the sessions will be based on needs identified by learners attending. This course is also a great introduction to anyone wanting to progress on to a formal digital skills qualification. Suitable for learners aged 16 years and over. Individuals can attend as many sessions as they wish.	Tin Hat Centre, Selston	Fridays, 1.30pm – 3pm 10th January - 24th January 2025	24DSP009
Functional Skills (Maths and English)	Supporting you to develop your maths and English skills in a friendly environment with our experienced tutors. Learners will be assessed at the beginning of the course to enable us to support you at the appropriate level for your needs.	ATTFE College, Sutton Community Academy, NG17 1BW	Mondays <b>OR</b> Tuesdays, 9am - 3pm Starting w/c 6th of January until w/c 31st March 2025 (excl. February half-term). This is a <b>1-day a week course</b> . Regardless of your chosen day, <b>all learners are</b> <b>expected to attend the initial Monday</b> <b>session</b> , after which you'll be assigned a specific day to attend based on your individual learning needs.	24ASB60b (Mondays) 24ASB98b (Tuesdays)



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Course Title	Description	Venue	Dates & Times	Course Code
Family Messy Play for 0-5 years	An interactive sensory messy play session for parents/ carers and there little ones to have fun whilst socialising with others and positively supporting your child's development.	Cotgrave Welfare, Woodview, NG12 3PJ	Mondays, 10am – 11am Starting 6th January until 10th February 2025	24TL153
Cooking on a Budget	A hands-on cooking session supporting you to learn new low cost recipes, supporting you to eat fresh healthy meals without breaking the bank.	Cotgrave Welfare, Woodview, NG12 3PJ	Mondays, 12pm – 2pm Starting 6th January until 10th February 2025	24TL154
A More Confident Me - Improving Your Wellbeing and Life Skills	A 2-days a week course covering a range of skills including crafts, wellbeing, life skills and employability. A chance to build your confidence and socialise with others from your local community in a friendly and inclusive environment. Suitable for learners aged 19+ years.	Sutton Community Academy	Wednesdays <b>and</b> Thursdays (2-days per week) 9.15am – 2.45pm Starting 8th January until 27th March 2025	NC24ASF100b
Sugarcraft and Creative Crafts	An evening course option, ideally suited for individuals who have a love of being creative and making things, including creative crafts and cake decorating. Suitable for learners aged 19+ years.	The ATTIC, Sutton Community Academy	Thursdays, 5 – 8pm Starting 20th March until 10th July 2025	24ASB095b



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Course Title	Description	Venue	Dates & Times	Course Code
L2 Award Food Safety Awareness in Catering	This qualification's primary purpose is to confirm the competence and / or license to practice as well as demonstrating Nationally recognised standards and competence in a relevant occupational catering role. Learners will be required to complete a multiple-choice exam on completion of the course. Suitable for learners aged 19+ years.	The ATTIC, Sutton Community Academy	Wednesday 26th <b>and</b> Thursday 27th February 2025 (2-day course) 9am – 3pm	NC24ASB093a
L2 Award Food Safety Awareness in Catering	This qualification's primary purpose is to confirm the competence and / or license to practice as well as demonstrating Nationally recognised standards and competence in a relevant occupational catering role. Learners will be required to complete a multiple-choice exam on completion of the course. Suitable for learners aged 19+ years.	Trowell Court Community Centre	Wednesdays, 12.30am – 3pm Starting 21st May until 11th June 2025	24ASB074c
English for Speakers of Other Languages (ESOL)	The perfect introduction to anyone who does not speak English as a first language and are looking to improve their English speaking, listening and writing skills. Suitable for adults aged 19+ years.	Sutton Community Academy	Fridays, 10am – 2.30pm Starting 10th January until 14th February 2025	24TL162



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Course Title	Description	Venue	Dates & Times	Course Code
Advanced Sugarcraft Skills	The perfect course for those looking to progress their cake decorating skills to a professional standard either for personal use or if you are looking to create your own cake decorating enterprise. During the course you will learn a range of cake decorating techniques, information about setting up your own business, employability skills and essential food safety information. Suitable for adults aged 19 + years.	The ATTIC, Sutton Community Academy	Wednesdays <b>and</b> Thursdays (2-days per week) 9am – 3pm Starting 5th March until 29th May 2025	NC24ASB093a
Level 1 Award in Volunteering	A great course for individuals who are already volunteering in the local community or looking to get involved in volunteering. Suitable for learners aged 19+ years.	Trowell Court Community Centre, Mansfield	Wednesdays, 12.30pm – 3pm Starting 26th March until 14th May 2025	24ASB074b
Level 1 Award in Creative Crafts	The perfect course to get creative making craft items whilst socialising and meeting others. Suitable for learners aged 19+ years.	Civic Centre, Mansfield	Wednesdays, 9.30am – 3pm Starting 19th March until 4th June 2025	24ASF159
Level 1 Award in Creative Crafts	The perfect course to get creative making craft items whilst socialising and meeting others. Suitable for learners aged 19+ years.	Community Corner, Market Street, Sutton in Ashfield	Thursdays, 9.30am – 3pm Starting 20th March until 5th June 2025	24ASF160



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Course Title	Description	Venue	Dates & Times	Course Code
Level 1 Award in Volunteering	A great course for individuals who are already volunteering in the local community or looking to get involved in volunteering. Suitable for learners aged 19+ years.	Community Corner, Market Street, Sutton in Ashfield	Tuesdays, 9.30am – 12pm Starting 14th January until 4th March 2025	24ASF149
Level 1 Award in Volunteering	A great course for individuals who are already volunteering in the local community or looking to get involved in volunteering. Suitable for learners aged 19+ years.	Community Corner, Market Street, Sutton in Ashfield	Tuesdays, 12.30pm – 3pm Starting 14th January until 4th March 2025	24ASF150
Level 1 Award in Volunteering	A great course for individuals who are already volunteering in the local community or looking to get involved in volunteering. Suitable for learners aged 19+ years.	Community Corner, Market Street, Sutton in Ashfield	Tuesdays, 9.30am – 12pm Starting 11th March until 29th April 2025	24ASF153
Level 1 Award in Volunteering	A great course for individuals who are already volunteering in the local community or looking to get involved in volunteering. Suitable for learners aged 19+ years.	Community Corner, Market Street, Sutton in Ashfield	Tuesdays, 12.30am – 3pm Starting 11th March until 29th April 2025	24ASF154



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Course Title	Description	Venue	Dates & Times	Course Code
Level 1 Award in Volunteering	A great course for individuals who are already volunteering in the local community or looking to get involved in volunteering. Suitable for learners aged 19+ years.	Community Corner, Market Street, Sutton in Ashfield	Tuesdays, 9.30am – 12pm Starting 6th May until 24th June 2025	24ASF157
Level 1 Award in Volunteering	A great course for individuals who are already volunteering in the local community or looking to get involved in volunteering. Suitable for learners aged 19+ years.	Community Corner, Market Street, Sutton in Ashfield	Tuesdays, 12.30pm – 3pm Starting 6th May until 24th June 2025	24ASF158
Level 1 Award in Volunteering	A great course for individuals who are already volunteering in the local community or looking to get involved in volunteering. Suitable for learners aged 19+ years.	Rainworth Social Action Hub	Wednesday, 9am – 12pm Starting 21 May until 16 July 2025 (8 weeks, no session on 28th May)	24ASF164
Cooking and Food Safety Skills	Take part in fun weekly cooking activities whilst learning about food safety. As part of this course you will complete a L2 Award in Food Safety for Catering. Suitable for learners aged 19+ years. Learners will be required to complete a short multiple choice test at the end of the course.	Rainworth Social Action Hub	Wednesday, 9am – 12pm Starting 19 March until 14th May 2025 (7 weeks, no sessions 9th and 16th April )	24ASF163



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Course Title	Description	Venue	Dates & Times	Course Code
Wellbeing Courses: Mindfulness and Relaxation, and Seated Tai Chi	ATTFE College are working in Partnership with Mill Waters to bring you these new group classes designed to support your physical and mental wellbeing in a beautiful local setting, delivered by our experienced tutor, Ken.	The Discovery Room (next to the café), Kings Mill Reservoir	Mindfulness and Relaxation: Tuesdays, 10am – 11am Seated Tai Chi: Tuesdays, 11am – 12pm 7th January to 11th February 2025	Mindfulness and Relaxation: 24TL163 Seated Tai Chi: 24TL164
Level 1 Award in Volunteering	A great course for individuals who are already volunteering in the local community or looking to get involved in volunteering. Suitable for learners aged 19+ years.	Tin Hat Centre, Selston	Fridays, 9am – 11.30am Starting 9th May until 27th June 2025	24ASF130b
Introduction to Digital Skills	This course offers an informal approach to supporting learners with daily digital skills needs. Our tutor will support and guide you to make better use of your digital devices including mobile phones, laptops and iPads or tablets. Perfect for anyone who has had a new device for Christmas or have an existing one you'd like to learn how to use more effectively.	Sutton Community Academy	Thursdays, 10am – 12pm Starting 16th January to 30th January 2025	24DSP014



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Course Title	Description	Venue	Dates & Times	Course Code
Digital Skills Support - Applying for Job Vacancies	This course is ideal for individuals looking to apply for job vacancies whether that be creating a CV online, searching for jobs online or filling in online job applications. Support will be tailored to your needs.	ATTFE College, Sutton Community Academy, NG17 1BW	Thursdays, 1pm – 3pm Starting 16th January to 30th January 2025	24DSP015