

January -
March 2023

#LifelongLearning



#FEnomenal



ATTFE College offers LIFELONG learning to our local communities of Sutton in Ashfield, Ollerton and surrounding areas.

Excellent inclusive further / adult education learning opportunities are provided in an exciting range of non-vocational provision, alongside accredited learning.

Achievement
Teamwork
Transformation
Flexibility
Equality



Visit our website: www.attfe.org.uk



Lifelong Learning with ATTFE College

Welcome to the ATTFE College 22/23 Winter adult learning course offering. This curriculum has been designed by YOU! ATTFE College listens carefully to what learners, the wider community and stakeholders are seeking in terms of a learning offer to ensure that every penny of funding is spent wisely and yields impactful outcomes.

Team ATTFE College look forward to you enrolling and joining ATTFE College, where you will enjoy high quality learning experiences delivered in a fun and enjoyable way.

Whatever your goal, we are here to help nurture your potential, develop your learning skills and provide you with the tools that you need to successfully achieve your ambitions.



For
Enquiries:

Phone:
01623 441310 / 01623 860304

Courses available in, but not limited to, the below areas:

Carpentry and Joinery Skills

Cooking Skills

Craft Skills

Counselling

Digital Skills

Employability Skills

Family Learning

Functional Skills English

Functional Skills Maths

Health and Wellbeing

Languages

Personal and Social
Development Skills

Skills for Independent Living

Sector Based Work Academies

Email:

college.info@attfe.org.uk

Social Media



Academy Transformation
Trust Further Education
College



@ATT_FECollege



@ATT_FECollege



ATTFE College



ATTFE College



Scan the QR Code

ATTFE College Community Hub

The ATTFE Community Learning hub is located in the Idlewells Shopping Centre, Sutton in Ashfield (opposite Stock Giant).



The purpose of the hub is to provide positive community activities, events and adult / family learning opportunities to support the local community.

“These groups are amazing. A group of people who don't know each other come together for a cuppa, a chat and a pamper. The kiddies play together nicely and the atmosphere is lovely”

- AC, Pamper and Play



For
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Phone:
01623 441310 / 01623 860304

The following opportunities will be available to attend **FREE** of charge, in the hub through [January 2023](#):

New Year, New You - Mondays

10 - 11.30am, starting 9th January for 5 weeks

Have you set a goal to be healthier and happier in the new year? This group session will cover topics such as healthy eating, relaxation and general wellbeing to support you with your New Year's resolutions.

Suitable for adults, however children are welcome to attend and make use of our wonderful toy corner. No need to book.

Warm Welcome Coffee Morning - Tuesdays

Every Tuesday, 10am – 12 noon

A fun and friendly coffee morning with free hot drinks provided in partnership with Camerados Public Living Room initiative. Each week we will offer an optional creative activity for people to join in. A great opportunity to socialise and meet other members of the community.

Community Knitting Group - Tuesdays

Every Tuesday, 10am – 12 noon

Come and join this friendly group. Whether you are an experienced knitter or want to learn how to knit all abilities are welcome. All wool and knitting needles are provided. No need to book.

Family Messy Play - Wednesdays

9.30am – 11am (starting 4th January for 6 weeks)

A fun session suitable for children aged 0-5 years supporting the development of sensory and social skills and a great chance for parents to socialise too! Please wear clothes that you don't mind getting a little messy. Places will need to be booked in advance. Please email PCL@attfe.org.uk

Email:

college.info@attfe.org.uk

Website:

www.attfe.org.uk

Community Prize Bingo and Socialising

Wednesdays, 12.30 - 2.30pm starting 4th January

Who doesn't love bingo!? This session is more about having fun than the prizes on offer. Drop in or stay for the whole 2 hours. Winners will receive wrapped prizes to add to the suspense. If you are able to bring a prize along with you to donate, please do, but this is not essential. Suitable for children and adults, all ages welcome.

Stories and Songs - Thursdays

10 - 11am starting Thursday 5th January

A weekly session ideal for families with children aged 0-5 years with story time and songs to keep your little ones entertained in a fun and relaxed environment. There will also be a chance to socialise and play in our toy corner. No need to book.

Memories and More - Fridays

10 - 11am, Starting Friday 6th January

A chance to socialise and reminisce with others in your local community over a hot drink and biscuit. Themes and activities will vary each week based on the needs of the group but might include looking at photos, music or talking about memories from the days gone by. No need to book.

Power of You Workshop - Saturday

Saturday 28th January, 10am – 5pm

Delivered by A Compassionate Voice CIC, The Power of YOU workshop offers a chance to look at lifestyle change, an increase in self-confidence and an opportunity to be part of a supportive growing community. Monthly sessions will also be offered on the third Thursday of the month. Places must be booked in advance for more information or to book visit

www.acompassionatevoice.co.uk

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The following opportunities will be available to attend **FREE** of charge, in the hub through **February 2023**:

Health and Beauty for Adults - Mondays

10 - 11.30am starting 20th February for 6 weeks

Join Linda for tips on health and beauty including makeup, wellbeing and nail art. Places must be booked in advance. For more information or to book email l.smith@attfe.org.uk or call 07762850955

Warm Welcome Coffee Morning - Tuesdays

Every Tuesday, 10am – 12 noon

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ATTFE College Community Hub

CV writing and employability support

Fridays

Do you need support with writing a CV? Would you benefit from support to help you find and gain employment? If the answer is yes, book an appointment with ATTFE and we will support you with this. To find out more or to book a session with our careers and employability advisors contact.

Heather Bowerman – 01623 441310 / h.bowerman@attfe.org.uk

Linda Hill – 07549 925299 / l.hill@attfe.org.uk



For more information about our community hub please do not hesitate to contact the ATTFE Partnership and Communities Team.

If you are a community group or organisation who would like to enquire about working partnership with ATTFE College or making use of our community hub please contact PCL@attfe.org.uk or telephone Dianne on 07922730321



For
Enquiries:

Phone:
01623 441310 / 01623 860304

Skills for Independent Living

ATTFE College offer a large vibrant and diverse curriculum for adults with learning difficulties and additional needs.

Working with day centres, care homes, residential homes, mental health units as well as courses on each campus, this curriculum is easily accessible.

We offer accredited, non-accredited and bespoke courses to support learners to actively participate within the local communities and gain essential independent living skills.



Email: C.Smith@attfe.org.uk / T.Price@attfe.org.uk
Tel: 01623 441310

Personal Development Courses

Below are some of our Personal Development courses starting at Sutton Community Academy in January:

Course	Day	Start Date	End Date	Time	End Time
Health & Wellbeing	Tue	10/01/2023	28/03/2023	09:15	14:45
Skills in Befriending and Supporting Others	Wed	11/01/2023	29/03/2023	09:15	14:45
Supporting Children and Child Development	Fri	13/01/2023	31/03/2023	09:15	14:45
Developing and Exploring Craft Skills	Thu	12/01/2023	30/03/2023	09:15	14:45

Email:
college.info@attfe.org.uk

Website:
www.attfe.org.uk

Essential Employability Skills

ATTFE College has a wide range of courses designed to develop skills for the work place and preparation for work.

The 'roll on, roll off' timetable covers essential skills such as CV writing, interview and communication skills as well as IT and job searching skills.

We have a friendly and skilled team of tutors who will support you with your learning.

For more information or to discuss enrolling on one of our courses contact our Employability Manager Linda Hill:

Email: L.hill@attfe.org.uk



Course	Day	Start Date	End Date	Start Time	End Time	Venue
Employability & Work Skills	Tue, Wed, Thu	10/01/2023	30/03/2023	09:15	14:45	Sutton Community Academy
Skills for Living and Work	Mon/ Fri	09/01/2023	31/03/2023	09:15	14:45	Sutton Community Academy
E3 & L1 Skills for Working in Business Administration	Mon	09/01/2023	27/03/2023	09:15	14:45	Sutton Community Academy
E3 & L1 Skills for Working in Transport and Logistics Industries	Thu	12/01/2023	30/03/2023	09:15	14:45	Sutton Community Academy

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Sector-Based Work Academies

Looking for a job? We can help you with getting the right skills, perfecting your CV and guaranteed interviews with employers.

ATTFE works with a range of local employers including Amazon, McDonald's, and Portland College.

We deliver a range of sector-based work academy programmes for a variety of job roles including care, warehousing, hospitality, and education.

Our Sector-based Work Academies give you the opportunity to learn new skills and get experience of working in a particular industry, support with the application process and a guaranteed interview.

Each programme lasts up to two weeks, and consists of three parts:

- Pre-employment training – we will take you through what is involved with the role you are applying for and skills relating to that role
- Simulated work experience and support with the application process
- At the end of the program, a guaranteed interview with the employer

Participants will continue to receive benefits whilst taking part in the programme, and if you need to travel to the employer's place of work or to where the training is held, you may be able to receive help covering the cost of public transport or appropriate childcare.

The programme is designed to help improve job prospects, help employers fill jobs, as it is linked to one or more genuine job vacancy. While you are not guaranteed to get a job from completing the programme, it does help you to improve your chances of gaining employment in that sector.

Email:

college.info@attfe.org.uk

Website:

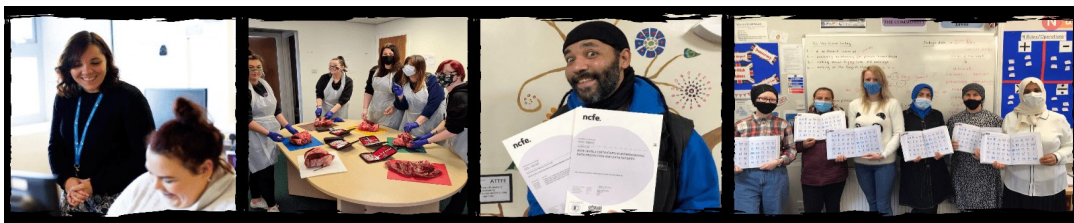
www.attfe.org.uk

Digital Skills / Functional Skills

YOU said 'you would like to access maths and English classes at any point in the year'.

We listened and have put on a rolling programme of Functional Skills maths and English courses.

ATTFE College provides full diagnostic assessments to support you as a learner in ensuring that you are put on a level of learning which is appropriate to your own individual learning needs.



Courses starting at Sutton Community Academy:

Course	Day	Start Date	End Date	Time	End Time
Entry Level Digital Skills	Mon / Tue	09/01/2023	07/02/2023	09:15	14:45
Level 1 Digital Skills	Tue / Wed	10/01/2023	08/02/2023	09:15	14:45
Entry Level Digital Skills	Mon / Tue	20/02/2023	28/03/2023	09:15	14:45
Level 1 Digital Skills	Tue / Wed	21/02/2023	29/03/2023	09:15	14:45
Entry Level Functional Skills English	Mon / Tue	09/01/2023	07/02/2023	09:15	14:45
Level 1 & 2 Functional Skills English	Tue / Wed	10/01/2023	08/02/2023	09:15	14:45

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Course	Day	Start Date	End Date	Time	End Time
Entry Level Functional Skills English	Mon / Tue	20/02/2023	28/03/2023	09:15	14:45
Level 1 & 2 Functional Skills English	Tue / Wed	21/02/2023	29/03/2023	09:15	14:45
Entry Level Functional Skills Maths	Mon / Tue	09/01/2023	07/02/2023	09:15	14:45
Level 1 & 2 Functional Skills Maths	Tue / Wed	10/01/2023	08/02/2023	09:15	14:45
Entry Level Functional Skills Maths	Mon / Tue	20/02/2023	28/03/2023	09:15	14:45
Level 1 & 2 Functional Skills Maths	Tue / Wed	21/02/2023	29/03/2023	09:15	14:45
Level 1 Award in Computing and Information Security	TBC	Start W/C 16th January 2023	TBC	TBC	TBC
Level 1 Diploma in Computing and Information Security	TBC	Start W/C 16th January 2023	TBC	TBC	TBC
Level 1 Extended Diploma in Computing and Information Security	TBC	Start W/C 16th January 2023	TBC	TBC	TBC
Level 2 Award in Cyber Awareness	TBC	Start W/C 16th January 2023	TBC	TBC	TBC
Level 2 Diploma in Cyber Awareness	TBC	Start W/C 16th January 2023	TBC	TBC	TBC
Level 2 Extended Diploma in Cyber Awareness	TBC	Start W/C 16th January 2023	TBC	TBC	TBC

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Website:
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Cooking Skills Courses



Course	Day	Start Date	End Date	Start Time	End Time	Venue
Slow Cooker / Air Fryer Skills	Mon	09/01/2023	27/03/2023	09:30	15:00	Huthwaite Methodist Church
Slow Cooker / Air Fryer Skills	Tue	10/01/2023	28/03/2023	09:30	15:00	Huthwaite Methodist Church
Healthy Meals on a Budget	Wed	11/01/2023	29/03/2023	09:30	15:00	Huthwaite Methodist Church
Level 1 Catering Skills	Fri	13/01/2023	31/03/2023	09:30	15:00	Huthwaite Methodist Church
Cooking on a Budget	Mon	09/01/2023	27/03/2023	12:30	15:00	Community Hub

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Course	Day	Start Date	End Date	Start Time	End Time	Venue
Cook and Eat	Tue/Fri	10/01/2023	31/03/2023	09:30	15:00	Huthwaite Methodist Church
Evening Intermediate Sugarcraft	Wed	11/01/2023	29/03/2023	18:00	20:30	Huthwaite Methodist Church
Microwave Cooking	Thu	12/01/2023	30/03/2023	09:30	15:00	Huthwaite Methodist Church
Food and Nutrition	Mon	09/01/2023	27/03/2023	09:30	15:00	Huthwaite Methodist Church
Nutrition and Wellbeing	Tue	10/01/2023	28/03/2023	09:30	15:00	Huthwaite Methodist Church
Healthy Lifestyle	Wed	11/01/2023	29/03/2023	09:30	15:00	Huthwaite Methodist Church
Family Cooking	Thu	12/01/2023	30/03/2023	15:30	18:30	Huthwaite Methodist Church

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Website:
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LET'S
ALL
EAT
PANTRY
07867 451424

Lifespring Church

**Sherwood Drive, New Ollerton,
Newark NG22 9PP**

Good quality high value food available from the Lifespring Church, Ollerton on a Thursday 1pm – 3pm on a weekly basis.

For £3.50 each week you will receive between £12 - £15 worth of good quality food.

A £1 joining fee applies to all which enables a lifetime membership to the 'Let's All Eat Pantry'. This is payable on your first visit along with the £3.50 for that week's food.

All food sold is purchased from Fareshare which is the UK's longest running food re-distribution charity. Fareshare believes that no food should go to waste especially when people are going hungry.

Please bring your own bag.

On Tuesday evenings, 4-7pm, we offer good quality high value food at Lifespring Church through the 'Stay and Eat Social Hub'.



Huthwaite Methodist Church

**Sherwood Street, Huthwaite,
Sutton in Ashfield, NG17 2LX**

Good quality high value food bags (please bring your own bag) available from Huthwaite Methodist Church on a **Wednesday 1-3pm** and **Thursday 3-5pm**, on a weekly basis, starting the week of 31st October 2022.

For **£3.50** payment each week you will receive between **£12-£15** worth of good quality food.

All food sold is purchased from FareShare, which is the UK's longest-running food redistribution charity. FareShare believes that no food should go to waste, especially when people are going hungry.

A **£1** joining fee applies to all to ensure a lifetime of membership to the **'Let's All Eat Pantry'**. This is payable on your first visit along with the **£3.50** for that week's food.



St John's Methodist Church

**Titchfield Avenue, Sutton-In-Ashfield
NG17 1EU**

Good quality high value food bags (please bring your own bag) are available from St John's Methodist Church, Sutton-in-Ashfield on a **Monday, 1-4pm**, on a weekly basis.

For **£3.50** payment each week you will receive between £12-£15 worth of good quality food.

All food sold is purchased from FareShare, which is the UK's longest-running food redistribution charity. FareShare believes that no food should go to waste, especially when people are going hungry.

A £1 joining fee applies to all to ensure a lifetime of membership to the **'Let's All Eat Pantry'**. This is payable on your first visit, along with the £3.50 for that week's food.

Learn the English **Language**

Academy
Transformation
Trust Further Education



English for Speakers of Other Languages (ESOL)

6th January 23 - 17th March 23

Fridays, 10am - 1pm

**Venue:
ATTFE College, Sutton Campus
NG17 1EE**



**Scan our QR
code to enrol**



COLLEGE.INFO@ATTFE.ORG.UK | 01623 441310

Learn the Spanish **Language**



Spanish for Beginners

9th January - 27th February 2023

Mondays, 5.30 - 7.30pm

**ATTFE College,
Sutton Community
Academy**

Scan our QR
code to enrol



Contact us:

ATTFE College | college.info@attfe.org.uk | 01623 441310

Learn the Bulgarian Language



Bulgarian for Beginners

12th January - 2nd March 2023

Thursdays, 5.30– 7.30pm

**ATTFE College,
Sutton Community
Academy**

Scan our QR
code to enrol



Contact us:

ATTFE College | college.info@attfe.org.uk | 01623 441310

Carpentry and Joinery Skills

ATTFE College



Tuesdays, 4pm - 6pm

Tuesday 10th January - Tuesday 7th February 2023

Venue: ATTFE College, Sutton Community Academy

The Carpentry and Joinery course is designed for learners to learn the basics of Health, Safety and welfare in construction, the Construction Industry, basic tool and equipment usage, basic materials and basic practical skills.

The course has been developed to allow all learners to undertake specific carpentry and joinery practical tasks in line with industry standards, to learn theoretical knowledge to complete two-unit assessments and to develop a rounded skill level in construction-based work.

Progression:

Progression from this beginners course will be onto the Level 1 course. Learners can then progress onto the Level 2 diploma, which develops the skills and knowledge of the industry further.

Progression to the Level 3 Diploma can lead to site management roles, as well as higher level learning at College and University; through the HNC, HND and Degree courses.



www.attfe.org.uk



01623 441310



college.info@attfe.org.uk

ATTFE College

Level 2 Award in Introduction to Counselling Skills (ICSK-L2)

6th January 2023 -
3rd March 2023

09:30am - 2:30pm

Portland Pathways, NG17 4AX

If you would like to be considered for a place,
then please email college.info@attfe.org.uk.
Or call 01623 441310.

This qualification is designed to:

- * Learn basic counselling skills (listening and responding skills) in helping roles.
- * Find out more about counselling.
- * Improve professional and personal relationships.
- * Build confidence in Counselling skills.



ENROL HERE!

ATTFE College

Fast Track - Level 2 Counselling Skills



Portland Pathways @ OUTRAM STREET

This qualification is designed for:

- * Those starting the first level of training as a professional counsellor*
- * Those who want to learn counselling skills in other professional or helping roles*
- * Those who want to improve their professional and personal relationships as part of personal development*



ENROL HERE!



If you would like to be considered for a place, then please email college.info@attfe.org.uk. Or call 01623 441310.

ATTFE College

Fast Track - Level 3 Counselling Skills



This qualification is designed to:

- * Take the next step in training to become a counsellor*
- * Learn more about counselling theory, ethics and mental health*
- * Be prepared for work as a professional counsellor in an agency setting.*



*If you would like to be considered for a place, then please email college.info@attfe.org.uk.
Or call 01623 441310.*





ATTFE College Community Newsletter



Scan the QR code to subscribe!

Or visit: www.subscribepage.com/attfecollege

Community is central to ATTFE's values and you are a valued member of our community. To keep you up to date with opportunities for your development, and that of your friends and family, we are excited to tell you about our new monthly newsletter.



ADVICE

Talk to the Experts

What better way to learn than from people
who've been in the field for years.

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