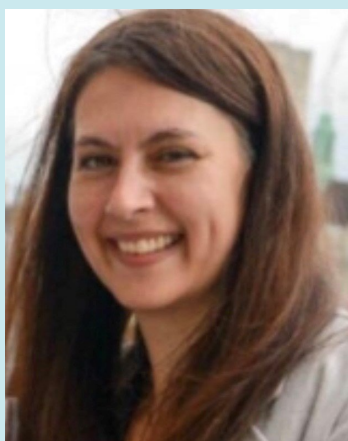




ATTFE College Learner Newsletter

Issue 17 - Friday 8th July 2022.



Liz Barrett OBE

Principal Update

Dear All

There have been some stunning photos on social media celebrating learners' achievement and giving an insight in to what PoS learners are achieving during their work experience. If you haven't yet seen the achievements that are taking place please head over to our social media to have a look.

Our Partnership and Community Lead team continue to go from strength to strength and are out and about in the community this summer. Many of the events that they go to and / or run are FREE, so once again please follow our social media to see where they will be.

We have now secured summer school funding for the weeks of 8th, 15th and 22nd August 2022 on our Sutton campus. Sessions will run 10-2pm each day. If you would like to register a child aged between 6-16, then please go to our website and follow the booking link.

And finally, our Data Manager Claire Bennett copied me in to an email to tutor Karen Draycott today, which I have asked permission to share with you all. What a marvellous insight and outcome linked to lifelong learning. This is especially poignant as it strongly evidences the impact of our curriculum intent which focused upon teaching people to cook. Brilliant work to all of the learners involved in this.

I just wanted to send you a quick email to congratulate you on what you have achieved with your catering learners. I attended a birthday party last night that was catered by some of your learners. The food was lovely and plentiful and the learners were very attentive to all the guests. One lady in particular made sure she went around everyone with platters of canapés and explained what each one was and took pride in what they had made. You would have been proud of them!

I wish you a lovely weekend when it lands.

Take care.

Liz



Simon Martin

Safeguarding Update

Hello Everyone

We are rapidly approaching the end of term and this means that there will not be the usual contact between you and ATTFE College and your tutors in most cases.

Problems and issues for individuals and families can sometimes arise during the holiday period. Please find attached a list of local agencies who can provide advice and support over a range of issues. You can also still use our 'I Want to Talk' button on our website. [I Want To Talk Button - Academy Transformation Trust Further Education \(attfe.org.uk\)](https://www.attfe.org.uk)

Many thanks

Simon Martin

DSL



Heather Bowerman

Careers, Education, Information, Advice & Guidance Adviser (CEIAG) Corporate Learning Manager

Hello

As we are quickly racing towards the end of term, please be aware that I am available for discussion and guidance.

If you are not returning to ATTFE next year and you are unsure of your next steps, I can support you with job search guidance, interview prep, planning and web site links.

Wellbeing



Wellbeing Wednesday

Mental Health Matters

Allow yourself to set healthy boundaries. To say no to what does not align with your ethics and values, and to say yes to what does. Boundaries assist you to remain healthy, honest and living a life that is true to you. Protect yourself and look after you.

Benefits of Setting Boundaries

Establishing personal boundaries is good for you and the people around you. When you're clear about your boundaries, people will understand your limits and know what you are and aren't okay with, and they'll adjust their behaviour. The people who don't respect your boundaries are ones you may not want in your life.

Healthy boundaries can also help you:

- Build greater self-esteem
- Get clear on who you are, what you want, and your values and belief systems
- Bring focus to yourself and your well-being
- Enhance your mental health and emotional well-being
- Avoid [burnout](#)
- Develop independence

- Gain a greater sense of identity.

BOUNDARIES sound like...

I need some
time to think
about it, I'll get
back to you by
(insert time)



Thank you for
the invite, I am
unable to
commit to that
right now



It's not the best
time to talk,
can we chat
on (insert date)
instead?



I can't help
you with that,
but I know
someone that
could



I don't feel
comfortable
with xyz, I
would prefer
xyz



If you can't
speak with
respect, I am
ending this
conversation





PHOTOGRAPHY COMPETITION

The Discover Ashfield Photography Competition is back for the fourth year!

We are inviting residents of all ages to get out and take some fantastic photographs of Ashfield. This year we have three categories;

Place **People** **Under 16s**

Opening: **Thursday 16th June**

Closing: **Sunday 31st July**



Previous Place winner Hayley Buxton's image at Kingsmill Reservoir

For full details and to enter go to:
www.ashfield.gov.uk/photography-competition-2022



How satisfied are you with the information provided in our learner newsletter?

If you have any further feedback, please email marketing@attfe.org.uk.



Very Unsatisfied



Unsatisfied



Neutral



Satisfied



Very Satisfied

Sutton Community Academy

High Pavement, Sutton-in-Ashfield,
Nottinghamshire,
NG17 1BW

Dukeries Academy

Whinney Lane, New Ollerton, Newark,
NG22 9TD

Retford College of Vehicle Technology

16 Beacon Court, New Ollerton, Newark, NG22
9QL

Portland College

Nottingham Road, Mansfield,
NG18 4TJ

[Portland Pathways] Outram Street,
Sutton-in-Ashfield

United Kingdom

[Unsubscribe](#)



Thank You!

