

ATTFE College Learner Newsletter

Issue 2 - Friday 24th September 2021.





Liz Barrett

Principal Update

Dear All

Life at College is about more than learning a particular subject! It is about meeting new people, learning tolerance, gaining confidence and about pushing yourself to be the best that you can be.

A group of ATTFE College learners really did push themselves to the limit last week. Staff and Programme of Study Learners from ATTFE College undertook the Yorkshire Three Peaks Challenge on Thursday 16th September 2021 to raise valuable funds for Rossendale and Pendle Mountain Rescue. Leaving Ollerton at 2.15am the ATTFE College mini bus made its way to Horton-in-Ribbersdale ready for a 6am start.

The foggy start hid the magnitude of Pen-y-gent, the first peak which needed to be climbed which wasn't a bad thing. Learners (who by their own admission) averaged 1.5miles of walking a day had to dig deep to get to the top. This was achieved in 93 minutes which was a heroic effort.

Rossendale and Pendle Mountain rescue supported the quest walking with staff and learners, motivating and encouraging where needed and sharing insights in to the heroic volunteer work that they do when walking.

Just as the fog and mist lifted so did the walking teams spirits. The weather remained kind, determination high with the two other peaks of Whernside and Ingleborough tackled and magnificently achieved within the magical 12-hour challenge time.

The total challenge consisted of almost 30 miles being walked and to date, £450 in sponsor money raised. We would dearly love to meet the £500 mark with our sponsorship money so please follow the link <u>Samantha Youd is fundraising for Rossendale and Pendle Mountain Rescue Team (justgiving.com)</u>.

ATTFE College does a lot of work around tackling food poverty within the communities that we serve. This is done through our food club at Ollerton and via our community interest company, 'Let's All Eat' in Sutton. ATTFE College are launching a new approach to food parcels which will support people in learning how to cook on a budget and make / eat tasty healthy food.

To launch this work, ATTFE College organised a '**Ready, Steady Cook'** competition between MPs Ben Bradley (Mansfield) and Lee Anderson (Ashfield) to highlight what tasty delights can be cooked for a typical emergency food parcel.

The 'Ready, Steady Cook' competition saw Ben cook a tasty chicken and chorizo pasta dish followed by mixed fruit puff pastry tarts. Lee, assisted by Tutor Linda Smith cooked Grilled chicken breasts with ratatouille and steamed rice along with blueberry, apple and orange parcels.

Chef Dave Marshall was on hand to help both teams with cooking skills and to share budgeting ideas / suggestions and tips. Simon Martin Vice Principal did a stunning job of comparing the whole event sharing frightening food waste statistic along with cheesy food jokes!

The judging team was made up of ATTFE College and Sutton Community Academy learners who did a sterling job of tasting the food and then voting for their favourite. A genuine draw was achieved. This event marked the launch in the new ATTFE College 'Meet, Cook and Eat' courses.

And finally, covid cases are on the rise within the communities that we serve. Please continue to take care and stay as safe as possible.

Enjoy your weekend when it arrives.

Liz

Simon Martin

Safeguarding Update

Hello Everyone

We are currently focusing on Peer-on-Peer Abuse (POPA), Sexual Violence and Sexual Harassment (SV/SH) and Harmful Sexual Behaviours (HSB) because, as you may have seen in the news and



media, these have become forefront topics of societal concern. Even in schools and colleges, very recent research has revealed some shocking statistics:

- Four out of 5 girls, and 2 out of 5 boys, are put under pressure to provide sexual images of themselves in school/college.
- 64% of girls, and 24% of boys, experience unwanted physical touching in school/college.
- 92% of girls and 74% of boys are subjected to sexist name calling in school/college.

ATTFE does not tolerate any forms of peer-on-peer abuse or sexual harassment between students. Our new Safeguarding Manager Lisa Chapman will be carrying out our own research into students' experiences of these areas next week and you may be invited to participate. We really value your contribution so if you would like to be involved anyway, or if you have experiences that you would like to share, please let your tutor know or contact Lisa on lichapman@attfe.org.uk.

Have a good week everyone

Simon Martin

DSL

ATTFE



Tracey Cranmer

Subject Leader maths / Loans Manager

A big shout out to everyone that has attended their first coaching session for maths and/or English. For those of you that have not yet attended and do not know when your sessions are please speak to your main tutors who have the timetable.

The sessions are only for one hour so it is important you are ready when your tutors come to collect you.

Matt Carte

Digital Lead

Online safety is an important area for staff and learners to know about if they want to use the internet effectively and safely.

Teachers and other adults play a vital role in guiding young people during their development both offline and online. Therefore, you can make more of a difference than you might think!

Because we are using technology more than ever nowadays, we must be more aware of the threats



that are out there and below there are some online safety tips.

Stay Anonymous

Keep your address a secret, don't say where you want to school and only give you phone number to people you actually know.

Think before you post

Don't post before you think CAREFULLY and ask: is it offensive or could it affect my future employment/career.

Privacy

Always make sure your settings on social media are set to PRIVATE and always lock your device when leaving it unattended.

Remember:

NOTHING is TOTALLY private, please don't say anything that you wouldn't say in real life.

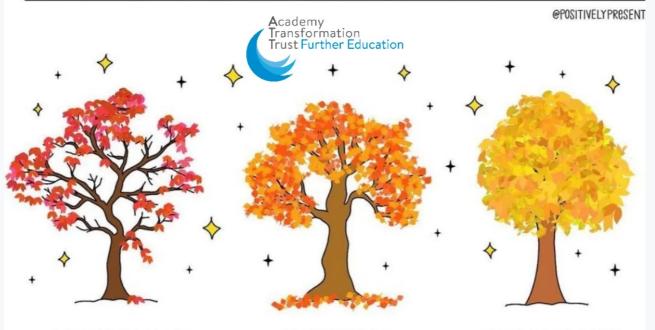
Our Digital Footprint/Online Identity:

Our digital footprint refers to the trail of data left behind through our use of the Internet or on digital devices.

This data creates an image of you for the world to see. Therefore, you should be careful about what you share, like, or comment on, as this information could be viewed/used by your current or potential employer to review your conduct or by businesses to tailor their advertisements.

Wellbeing

HOW DO YOU FEEL TODAY?



UNCERTAIN

UNSETTLED BUT HOPEFUL, YOU DON'T KNOW WHAT'S NEXT BUT YOU'RE TRYING YOUR VERY BEST.

INSPIRED

PREPARED TO FACE ANY STORM, YOU'RE READY TO TAKE ON WHATEVER THIS DAY WILL BRING.

OPTIMISTIC

EVERYTHING MIGHT NOT BE PERFECT, BUT YOU'RE FEELING AS IF GOOD THINGS ARE COMING YOUR WAY.



A look back over the week...



















More photos can be found on our socials.

How satisfied are you with the information provided in our learner newsletter?

If you have any further feedback, please email marketing @attfe.org.uk.



Very Unsatisfied









Unsatisfied Neutral Satisfied

Very Satisfied

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Unsubscribe











Thank You!

mailer lite