

Working with Colour

Appreciating and working with colour can be great for the soul. Why not get your paints and paint brushes out and create some colourful artwork?! You don't need to be an artist to reap the benefits. Mixing colours, splashing paint and creating fun paint effects can result in some beautiful works of art. Don't be too precious and over think what you are doing, it's all about having fun and expressing yourself!



WHEN YOU  reduce life to
BLACK 
 YOU NEVER SEE **WHITE**
SEE
Rainbows 